

CURRICULUM VITAE

PROF. DR. AMINA MUAZZAM

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Current Affiliation

Lahore College for Women University (LCWU)
Jail Road, Lahore. Pakistan.

Current Position

Chairperson Department of Applied Psychology, LCWU, Pakistan.

Director Research, LCWU, Pakistan.

Professor of Psychology, LCWU, Pakistan.

Executive Director, International Council for Psychologist, Canada.

Lead Trainer British Council, Active Citizen Facilitator in Pakistan, United Kingdom.

Award Chair, Denmark-Gunvald Award for Feminist Research and Service, International Council for Psychologist, Canada.

Director at Large, International Council of Psychologists, Canada.

Member, TTS Standing Committee, LCWU.

Member, Research Innovation Board, LCWU.

Member, Institutional Performance Review Committee, LCWU.

Academic Qualification

2010: PhD, April, 2010

Institution: University of the Punjab, Department of Applied Psychology, Lahore.

Supervisor: Professor, Dr Ruhi Khalid, former Head of Applied Psychology Department, University of the Punjab. Current: Director, Institute of Psychology, Beaconhouse National University, Lahore, Pakistan.

Thesis Psychometric Properties of Disordered Eating Behaviour Scale and Disordered Eating Behaviours in Pakistani Youth

2000: MSc. Applied Psychology

Institution: University of the Punjab, Department of Applied Psychology, Lahore.

Specialization Clinical Psychology

1998 Bachelors of Arts in Social Sciences and Humanities (Topped the List of Students in College in Psychology)

Institution Lahore College for Women University, Lahore

Positions Held

01-07-2021 to date	Chairperson of Department of Applied Psychology, Lahore College for Women University, Lahore
21-04-2021 to date	Professor, Department of Applied Psychology, Lahore College for Women University, Lahore
30-12-2020 to date	Tenured Professor, Department of Applied Psychology, Lahore College for Women University, Lahore
04-03-2021 to date	Director Research, Lahore College for Women University, Lahore
March 2021 to date	Award Chair, Denmark-Gunvald Award for Feminist Research and Service, International Council for Psychologist, Canada.
10-06-2018 to date	Director at Large, International Council of Psychologists, Canada.
18-10-2016 to 06-04-2021	Tenured Associate Professor, Department of Applied Psychology, Lahore College for Women University, Lahore

18-10-2010 to 17-10-2016 Assistant Professor (TTS) Department of Applied Psychology, Lahore College for Women University, Lahore

1-1-2009 to 17-10-2010 Lecturer (BPS), Department of Applied Psychology, Lahore College for Women University, Lahore

4-9- 2007 – 17-12-2009 Lecturer, Institute of Business Administration (IBA), Punjab University, Lahore

4-7-2004 – 03-02- 2007 Lecturer, Beaconhouse National University, Lahore.

1-10-2002 –30- 06-2004 Counsellor, Child Development Centre, Punjab University, Lahore

1-3- 2000 – 30-8- 2002 Counsellor, SOS Hermann Gemnier School, Lahore

ADVISORY / ADMINISTRATIVE SERVICES RENDERED

LAHORE COLLEGE FOR WOMEN UNIVERSITY (Psychology Department)

Advisory

1.	24 October, 2021	Member, University Ranking Committee, LCWU
2.	27 August, 2021	Member, Grant Evaluation Committee (LCF) ORIC, LCWU
3.	23 June, 2021	Member, Research Innovation Board, LCWU
4.	23 June, 2021	Member, Institutional Performance Review Committee, LCWU
5.	7 May, 2021	Convener, Publication Verification Committee, LCWU
6.	21 April, 2021	Member, Research Ethics Institutional Review Board
7.	June, 2020	Member, Publication Monitoring Sub-Committee Convener
8.	8 May, 2020	Member Academic Council University of South Asia, Lahore
9.	September,	Member, LCWU High Achievers Alumni committee, LCWU

	2018	
10.	December, 2017	Member, Event Planning and Conference Committee, LCWU
11.	June, 2017	Member, TTS Committee, LCWU
12.	January, 2017	Member, Disable Support Committee, LCWU
13.	8 March, 2016	Subject Expert, Punjab Higher Education Commission
14.	2 February, 2016	PhD Comprehensive Exam Paper Setter, PU
15.	February, 2015	Member, Assessment Team, QEC, LCWU
16.	November, 2013	HEC Approved Supervisor
17.	September, 2013	Ethical Research Board
18.	June, 2013	Member, Curriculum Review Committee, LCWU
19.	June, 2013	Member, Audio Visual aid Committee, LCWU
20.	March, 2013	Member, Assessment Team, Quality Assurance Cell, LCWU
21.	December, 2012	Member, Research Ethics Committee, Applied Psychology Department, Faculty of Social Sciences, LCWU
22.	July, 2012	Facilitator, Active Citizen Program, LCWU
23.	June, 2012	Member, Doctoral Committee, Faculty of Social Sciences, LCWU
24.	January, 2012	Member, International Resource Centre, LCWU
25.	March, 2011- November, 2014	Technical Committee for the Purchase of Equipment

26.	October, 2011	Research Supervisory Committee
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Administrative

27.	March, 2021	Incharge, Central Research Lab, LCWU
28.	March, 2021	Panellist for the interviews of internees in different departments of LCWU
29.	August, 2019	Secretary, Committee of TTS Faculty Members
30.	August, 2019	Secretary, Annual Performance Review Committee, LCWU
31.	August, 2019	Member, TTS Standing Committee, LCWU
32.	July, 2019	Member, Faculty Grievance Committee
33.	June, 2019	Founder, Testing Resource Centre, LCWU
34.	May, 2019	Member, of the Selection Committee, LCWU
35.	March, 2019	Secretary, LCWU Independent Living Centre Committee
36.	January, 2019	Head, IRC and ACP (DFDI), LCWU
37.	September, 2018	Member, High Achiever LCWU (Alumni) Committee
38.	March, 2018	Secretary, LCWU Portfolio Committee
39.	January, 2018	Assistant Editor Journal of Arts and Social Sciences
40.	January, 2018	Member, Committee for Planning of Conferences and Academic Events, LCWU
41.	September, 2017	Co-Convener, TTS Performa Review Committee, LCWU
42.	September, 2017	Incharge, PhD Lab Psychology Department

43.	August, 2017	Departmental Incharge QEC
44.	March, 2017	Member, Student Support Committee for Independent Living Centre, LCWU
45.	February 2017	Secretary Disable Support Committee
46.	2015-2018	Former Vice President, Pakistan Psychological Association, Lahore Chapter
47.	March, 2015	Member, Departmental Doctoral Committee
48.	April, 2014	Member, Linkage Development Committee
49.	February, 2014	Member, Departmental Grievance Committee
50.	February, 2013	Member, Curriculum Development Committee
51.	March, 2013	Member, Audio Visual Committee
52.	2010-2012	Member, Physical Resource Committee
53.	July, 2012	Member, ACP Facilitator
54.	June, 2012	Member, Departmental Research Ethics Committee
55.	February, 2012	Member, Departmental Workload Committee
56.	September, 2011	Adjunct Faculty, PhD Programme, Political Science Department, LCWU
57.	August, 2011	Member, Departmental Board of Studies, LCWU
58.	June, 2011	Departmental PhD Coordinator, Department of Applied Psychology, LCWU

OTHER ORGANIZATIONS

Administrative

1.	17 th November, 2021	Member board of Faculty of Behavioural & Social Sciences, University of the Punjab
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2.	2018-2021	Executive Director, International Council for Psychologist, Canada.
3.	May, 2020	Member, Academic Council University of South Asia, Lahore.
4.	May, 2019	Member BOS, University of Home Economics, Lahore.
5.	April, 2019	Punjab Higher Education Commission, Subject Expert.
6.	January, 2017	Reviewer Journal of Clinical and Counselling Psychology Review-CCPR.
7.	June, 2016	Reviewer Journal of Behavioural Sciences.
8.	May, 2016	Member, Punjab Public Service Commission, Selection Board.
9.	February, 2016	Member, Board of studies, Bahauddin Zakariya University, Multan.
10.	March, 2015	Served as Presiding Officer in Election Commission.
11.	April, 2015	Member, Board of studies, Lahore School of Management, University of Lahore, Lahore.
12.	March, 2013	Paper Setter and External examiner, Faculty of Behavioral Sciences, University of Gujarat.
13.	February, 2013	Member, Board of Studies, Kinnaird College for Women, Jail Road, Lahore.
14.	December, 2012	Sub-editor, Newsletter PPA, Lahore Chapter.
15.	November, 2012	Vice President, Pakistan Psychological Association, Lahore Chapter.
16.	November, 2012	Member, Editorial Board, Journal of Pakistan Psychological Association, PPA.
17.	June, 2012	Reviewer, Pakistan Journal of Social and Personality Psychology.
18.	February, 2012	Former Vice President, Pakistan Psychological Association, Lahore Chapter.
19.	January, 2012	Lead Facilitator, British council, Active Citizen Programme.
20.	March, 2011	Reviewer Journal of Sex Roles.

I. Courses Taught:

https://www.youtube.com/channel/UCnJ-Q_emCN-JR0mE3_gdjHQ

<http://lcwu.edu.pk/oed/course-details.php?ccode=UHN5LSA1MDc%3D>

Sr.	Course Title	Credit	Ph.D./M.Phil./ M.Sc./BS
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No.		Hours	
1.	Core Course I (Advanced Statistics)	3+0	Ph.D. Sessions 2011 (Fall) 2012 (Fall) 2013 (spring) 2013 (Fall) 2014 (spring) 2014 (Fall) 2015 (Fall) 2016 (Fall) 2018 (Fall)
2.	Area of Specialization (Psychometrics)	3+0	Ph.D. Sessions 2011 (Spring) 2012 (Spring) 2013 (Spring) 2014 (Fall) 2014 (Spring) 2015 (Spring) 2016 (Spring) 2018 (Spring)
3.	Research Readings I	3+0	Ph.D. Session 2011 (Fall) 2012 (Fall)
4.	Research Readings II	3+0	Ph.D. Session 2011 (Spring) 2012 (Spring)
5.	Research Methods (Department of Political Science)	3+0	Ph.D. Sessions 2011 2012
6.	Counseling in Health Psychology I	3+0	MS Sessions 2011 (Fall) 2012 (Fall) 2013 (Fall) 2014 (Fall) 2015 (Fall) 2016 (Fall) 2017 (Fall) 2018 (Fall) 2019 (Fall) 2020 (Spring)
7.	Counseling in Health Psychology II	3+0	MS Sessions 2011 (Spring) 2012 (Spring)

			2013 (Spring) 2014 (Spring) 2015 (Spring) 2016 (Spring) 2017 (Spring) 2018 (Spring) 2019 (Spring) 2020 (Spring) 2021 (Fall)
8.	Statistics (Spring)	3+0	MS Sessions 2014- 2016
9.	Psychological Testing	3+1	BS Session 2009-2011
10.	Introduction to Psychology	3+0	BS Session 2009-2011
11.	Counseling Psychology	3+0	BS Session 2011-2012
12.	Active Citizen Modules	2+2	BS Sessions 2012- 2014 2013- 2015 2016-2018 2017-2019 2018 -2020
13.	Psychopathology	3	BS Session 2017 (Spring) 2016

II. New Courses Developed

Sr No.	Course Title	Credit Hours	Ph.D. /M.Phil./ M.Sc./BS
1.	Core Course I (Advanced Statistics)	3	Ph.D. 2011
2.	Area of Specialization (Psychometrics)	3	Ph.D. 2011
3.	Research readings I	3	Ph.D. 2011
4.	Research readings II	3	Ph.D. 2011
5.	MS Industrial Psychology Program (courses)	In Process of	MS

		approval	2017
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Research Publications

1. Fatima, S., Fatima, N., & Muazzam, A. (2022). Assessing familial and social factors of life satisfaction in Pakistani transgender and non-binary individuals: implications for counseling. *Journal of LGBTQ Issues in Counseling*, 16(1), 67-85.
2. Mehmood, H., Muazzam, A., Butt, M. G., Jabeen, B., Zareen, G. & Afshan, S. (2021). Gender Differences in Ways of Coping among Cardiovascular Disease's Patients. *Pakistan Journal of Medical & Health Sciences*, 15(9), 2429-2432. <https://pjmhsonline.com/published-issues/2021/september/92429>
3. Shakil, M., Ashraf, F., Aziz, A. & Muazzam, A. (2021). Cognitive Distortions, Depression and Suicidal Ideation in Mastectomized Breast Cancer Patients. *PalArch's Journal of Archaeology of Egypt / Egyptology*, 18(17), 361-374. <https://archives.palarch.nl/index.php/jae/article/view/10001>
4. Faran, M., Hassan, N., Ejaz, B., Khawar, A., Malik, N., Komal, A. & Muazzam, A. (2021). Validation of the Urdu Translation of Mental Health Continuum-Short form (MHC-SF): Education in Perspective. *Eurasian Journal of Educational Research*, 95, 39-56.
5. Malik, N., Hassan, N. & Muazzam, A. (2021). Sleep Disorders and Cognitive Functioning in Patients with Asthma. *PalArch's Journal of Archaeology of Egypt / Egyptology*, 18(09), 1435-1444. <https://archives.palarch.nl/index.php/jae/article/view/9717>
6. Ejaz B., Maqbool, A., Malik, N., Khawar, A., Hassan, N. & Muazzam, A. (2021). Grief among Cancer Patients: Predictor of Burden of Care and Mental Health among Their Caregivers. *PalArch's Journal of Archaeology of Egypt / Egyptology*, 18(17), 68-80. <https://archives.palarch.nl/index.php/jae/article/view/9846>
7. Khawar, A., Rabail, A., Malik, N., Ejaz, B., Hassan, N., Amjad, M. & Muazzam, A. (2021). Health Betrayal, Trust in Intimate Partner Relationship and Grief among Women with Breast Cancer and Cervical Cancer. *PalArch's Journal of Archaeology of Egypt / Egyptology*, 18(17), 81-94. <https://archives.palarch.nl/index.php/jae/article/view/9847>
8. Hassan, N., Muazzam, A., Malik, N., Ejaz, B., Khawar, A., Niazi, Y. & Nazir, M. F. (2021). Neuro-Psychological and Physical Side Effects of HCV Treatment and Health Related Quality of Life among Patients with HCV Infection. *PalArch's Journal of Archaeology of Egypt / Egyptology*, 18(09), 1539-1554. <https://archives.palarch.nl/index.php/jae/article/view/9806>

9. Faran, M., Hassan, N., Khawar, A., Ejaz, B., Malik, N., Mahmood, I. & Muazzam, A. (2021). Music Absorption and Serenity in Music Listeners: Intervening Role of Spirituality. *PalArch's Journal of Archaeology of Egypt / Egyptology*, 18(09), 1526-1538.
<https://archives.palarch.nl/index.php/jae/article/view/9805>
10. Hassan N, Muazzam A, Ejaz B, Faran M, Nazir F, Rasool H. (2021). Coping Strategies in Hepatitis C Patients during the Course of Antiviral Treatment of HCV. *Palarch's Journal of Palaeontology and Egyptology*, 18(1), 91-104.
11. Muazzam, A., Ali, N., Niazi, Y., & Hassan, N. (2021). Emotion regulation, optimism and quality of life among Gastric Ulcer Patients. *Pakistan Journal of Medical Sciences*, 37(4), 988-992. <https://doi.org/10.12669/pjms.37.4.3894>
12. Ejaz, B., Muazzam, A., Hassan, N., Pollock, G. & Nawaz, R. (2021). Mediating Role of Shyness between Childhood Abuse and Social Anxiety in University Students: Narrative from Pakistan. *Psychology and Education Journal*, 58(5), 522-535.
<http://psychologyandeducation.net/pae/index.php/pae/article/view/5387>
13. Ejaz, B., Muazzam, A. & Admin. (2021). Self-consciousness in female university students: the predictive role of social anxiety. *Journal of the Pakistan Medical Association*, 1-12. <https://doi.org/10.47391/JPMA.168>
14. Shakil, M., Ashraf, F., Muazzam, A., Amjad, M. & Javed, S. (2021) Work status, death anxiety and psychological distress during COVID-19 pandemic: Implications of the terror management theory. *Death Studies*, 1, 1-6.
DOI: [10.1080/07481187.2020.1865479](https://doi.org/10.1080/07481187.2020.1865479)
15. Jafree, S. R., Momina, A. U., Muazzam, A., Wajid, R. & Calib, G. (2021). Factors Affecting Delivery Health Service Satisfaction of Women and Fear of COVID-19: Implications for Maternal and Child Health in Pakistan. *Maternal and Child Health Journal*, 25(6), 881-891, 2021. DOI: 10.21203/rs.3.rs-49860/v1.
16. Ahmed, S. & Muazzam, A. (2020). Development of Psychometric Properties of Overeating Situations Scale (OSS). *Journal of Behavioural Sciences*, 30(2), 80-96
17. Muazzam, A., Anjum, A. & Visvizi, A. (2020). Problem-Focused Coping Strategies, Workplace Bullying, and Sustainability of HEIs. *Sustainability*. 12. Doi:10.3390/su122410565.
18. Ijaz, S., Malik, S. & Muazzam, A. (2020). Mode of Insulin, Gender and Education as Determinant of Psychosocial Problems of Patients with Type II Diabetes. *Journal of Pakistan Psychiatric Society*. 17(3). Y category
<https://www.jpaps.pk/index.php/journal/article/view/48/35>

19. Imtiaz, T. & Muazzam, A. (2020). Development and Validation of Bio-psychosocial Problems Scale for Patients with Thalassemia. *Pakistan Journal of Social and Clinical Psychology*, 18(2), 19-26.
20. Shamim, A. & Muazzam, A. (2020). Positive Emotions Scale: Construct Development and Validation. *Pakistan Journal of Psychological Research*, 35(3), 429-454. doi.org/10.33824/PJPR.2020.35.3.23. Y category, Impact factor: 0.23
21. Kazmi, U. & Muazzam, A. (2020). Adjustment Problems, Depression and Academic Achievement: The Mediating Role of Resilience. *Pakistan Journal of Psychological Research*, 35(3), 545-557. doi.org/10.33824/PJPR.2020.35.3.29. Y category
22. Niazi, Y., Ejaz, B. & Muazzam, A. (2020). Impact of hearing impairment on psychological distress and subjective well-being in older adults. *Pakistan Journal of Medical Sciences*, 36(6), 1210-1215. <https://doi.org/10.12669/pjms.36.6.2457> X category, Impact factor: 0.754
23. Ahmad, S., Muazzam, A. & Anjum, A. (2020). Factors of Obesity and Personality Traits among Middle-Aged Women of Lahore. *Pakistan Armed Forces Medical Journal*, 70(4), 1153-57. <https://www.pafmj.org/index.php/PAFMJ/article/view/5112> Y Category
24. Anjum, A., Shoukat, S., Muazzam, A. & Ejaz B. (2020). Emotional Intelligence and Life Satisfaction of Teachers Working at Special Education Institutions of Bahawalpur, Pakistan. *Journal of Arts and Social Sciences*, 7(1), 21-27. <http://jass.pk/10.46662/jass-vol7-iss1-2020/3.pdf> Y category
25. Ijaz, S., Muazzam, A. & Malik, S. (2020). Development and validation of psychosocial problems scale for type 2 diabetes (PPSTD). *Journal of Pakistan Medical Association*, 70(6), 964-968. X Category. Citation 1, Impact Factor: 0.409 <https://www.jpma.org.pk/PdfDownload/9937>
26. Ahmad, M., Muazzam, A., Anjum, A., Visvizi, A. & Nawaz, R. (2020). Linking Work-Family Conflict (WFC) and Talent Management: Insights from a Developing Country. *Sustainability*, 12(7), 2861. <https://www.mdpi.com/2071-1050/12/7/2861#cite> Impact Factor: 2.59, W category, citations-4
27. Ejaz, B., Muazzam, A., Anjum, A., Pollock, G. & Nawaz, R. (2020). Measuring the Scale and Scope of Social Anxiety among Students in Pakistani Higher Education Institutions: An Alternative Social Anxiety Scale. *Sustainability*, 12(6), 2164. MDPI AG. Retrieved from <http://dx.doi.org/10.3390/su12062164> Impact Factor: 2.59, W category, citations-4

28. Afzal, A., Muazzam, A. & Malik, S. (2019). Development and Validation of Pre-Marital Anxiety Scale. *The Discourse*, 5(1), 167-178.
29. Anjum, A., Muazzam, A. (2019). Workplace bullying and physical health of teachers working in higher education institutes. *Journal of Post Graduate medical institute Peshawar*. 33(3), 227-230. Y category, Citation-1
<https://ejournalssystem.net/index.php/jpmi/article/view/2436>
30. Muazzam, A., Manzoor, F., Visvizi, A., Pollock, G. & Nawaz, R. (2019). Measuring the Scale and Scope of Workplace Bullying: An Alternative Workplace Bullying Scale. *Sustainability*, 11(17), 4634.
<https://www.mdpi.com/2071-1050/11/17/4634/htm> Impact Factor: 2.59, W category, citations-4
31. Anjum, A., Muazzam, A., Manzoor, F., Visvizi, A., & Nawaz, R. (2019). Mediating Bullying and Strain in Higher Education Institutions: The Case of Pakistan. *Sustainability*, 11(8), 2244. MDPI AG. Retrieved from
<http://dx.doi.org/10.3390/su11082244> Impact Factor: 2.59, W category, citations-7
32. Sabah, F., Hassan, S., Muazzam, A., Iqbal, S., Soroya, S. H., & Sarwar, R. (2019). Scientific collaboration networks in Pakistan and their impact on institutional research performance A case study based on Scopus publications. *Library Hi Tech*, 37(1), 19-29.
<https://www.emeraldinsight.com/doi/abs/10.1108/LHT-03-2018-0036> Impact Factor: 1.256, X category, citations-10
33. Kazmi, U. & Muazzam, A. (2019). Nature of Adjustment Problems among College/University Students: A Meta-Analysis. *International Journal of Educational Enquiry and Reflection*, 4(1), 2-11. Z category, Impact factor: 1.79, citation-1
34. Hassan, N. & Muazzam, A. (2019) Development and Validation of Scale for Neuro-Psychological and Physiological Side Effects of Interferon Therapy (NPPSI) in HCV Patient. *Pakistan Journal of Clinical and social psychology*, 17(2), 40-49. <https://gcu.edu.pk/wp-content/uploads/2020/04/pjscp20192-6.pdf> Y category
35. Salahuddin, S., & Muazzam, A. (2019). Gaming addiction in adolescent boys: The interplay of Anger Expression, Narcissistic personality and social interaction. *Clinical & Counselling Psychology Review*, 1(2), 1-19. Y category

36. Muazzam, A., Waheed T, Ahmed S. & Muzaffar, S. (2019). Dieting Beliefs Among Adolescent Girls. *Pakistan Journal of Clinical and Social Psychology*, 17(1), 61-67.
http://www.gcu.edu.pk/FullTextJour/PJSCS/2019a/9_Dr_Muazzam.pdf Y Category
37. Malik, N., & Muazzam, A. (2018). Sleep Disorders as Predictor of Health-Related Quality of Life in Patients with COPD. *Annals of King Edward Medical University*, 24(S), 897-901. Y category Retrieved from
<https://www.annalskemu.org/journal/index.php/annals/article/view/2602>
38. Anjum, A., & Muazzam, A. (2018). The Gendered Nature of Workplace Bullying in the Context of Higher Education. *Pakistan journal of psychological research*, 33(2), 493-505
<http://www.pjprnip.edu.pk/pjpr/index.php/pjpr/article/view/461/484> X Category, citations-4
39. Shamim, A. & Muazzam, A. (2018). Positive Emotions and Compliance as Predictors in the Management of Type II Diabetes. *Pakistan Journal of Social and Clinical Psychology*, 16(2), 27-33. Y Category, Citations-3
http://www.gcu.edu.pk/FullTextJour/PJSCS/2018b/4.amna_muazzam.pdf
40. Anjum A., & Muazzam, A. (2018). Workplace Bullying and Turnover Intention among University Teachers. *Journal of Arts and Social Sciences*, V(II). Z category, citations-3. <http://www.lcwujass.com/assets/allabs/10th04.pdf>
41. Shamim, A. & Muazzam, A. (2018). Gender Differences in Positive Emotion. *Journal of Arts and Social Sciences*. Vol. 1, 125-137. Z category, citation-1
<http://www.lcwujass.com/assets/allabs/9th08.pdf>
42. Kamal A., Waqar F., Muazzam A., (2018). Attitudinal Determinants of Son Preference for Pakistani Women: Poisson Regression Model Approach. *Journal of Arts and Social Sciences*, V (II)1. Z category
<http://www.lcwujass.com/assets/allabs/10th02.pdf>
43. Sultan, H. & Muazzam, A (2017) Development and Validation of Betrayal Scale for women. *Journal of Behavioral Sciences*, 27(2), 30-47, X Category
http://pu.edu.pk/images/journal/doap/PDF-FILES/Abstract%20No.%2003_v27_2_17.pdf
44. Muazzam, A. & Ahmad, A. (2017). Predictors of sleep disturbances among college students: Interplay of media exposure and Health related quality of Life. *Pakistan Journal of Psychological research*, 32(2), 393-406. X Category, Impact Factor: 0.23, citations-4
<http://www.pjprnip.edu.pk/pjpr/index.php/pjpr/article/view/403/423>

45. Kazmi, R. & Muazzam, A. (2017) Development and Validation of Adjustment problem scale for college /University students. *Pakistan Journal of Social and Clinical Psychology*, 15(1), 20-26. Y Category, citations-6
<http://www.gcu.edu.pk/FullTextJour/PJSCS/2017a/3.%20Rubab%20Kazmi.pdf>
46. Muazzam, A., Mubeen, A & Batool, S. (2017). Identification of stressors among female university teachers in Pakistan. *International Journal of Educational Enquiry and Reflection*, 2(1), 72-87. Z category
<https://ijeer.lcwu.edu.pk/assets/ijeer/vol2/2-5.pdf>
47. Malik, N. & Muazzam, A. (2017). Development of sleep disorders scale through expert opinion. *Journal of Arts and Social sciences*, 1(4), 95-105. Z category <http://www.lcwujass.com/assets/allabs/issue7-07.pdf>
48. Hassan, S., Sarwar, R. & Muazzam, A. (2016). Tapping into intra- and international collaborations of the Organization of Islamic Cooperation states across science and technology disciplines. *Science and Public Policy*, 43(5), 690-701. W category, Impact Factor: 1.368, Citations-20.
<https://doi.org/10.1093/scipol/scv072> Impact factor 1.53
49. Arshad, H. & Muazzam, A. (2016). Development and Validation of grief scale for Cancer patients. *Journal of Behavioral Sciences*, 26(1). X Category
http://pu.edu.pk/images/journal/doap/PDF-FILES/Abstract%20no.%201_v26_no1_2016.pdf
50. Iram, H. & Muazzam, A. (2016) Self-esteem Body image and self-consciousness among Women after rejection of Marriage Proposals. *Journal of Gender Studies*, 12, 71-86. Y Category, Impact Factor: 1.362, citation-1
http://genderstudiespakistan.com/vol.%2012%20front_vol.12%20back.pdf
51. Muazzam, A. & Jabeen, T. (2016). Development of Psycho-social Problems Scale for hearing Adults of Deaf Parents. *Science international journal, Pakistan*, 28(1), 695-700. Y Category, Citations 2. <http://www.scint.com/pdf/636910995510790649.pdf>
52. Muazzam, A. & Qayyum, F. (2016). Experiences of Sexual Harassment: Interplay of Working Environment, Depression and Self-esteem in Pakistani Women. *Pakistan Journal of Social and Clinical Psychology*, 14(1), 42-46. Y category, citations-4
<http://www.gcu.edu.pk/FullTextJour/PJSCS/2016a/6.%20PJSCP Sexual Harassment Paper.pdf>
53. Li, C., Zayed, K., Muazzam, A., Li, M., Cheng, J. & Chen, A. (2015). Motives for Exercise in Undergraduate Muslim Women and Men in Oman and Pakistan Compared to the United States. *Sex Roles*, 72, 68–884. W category,

citations-14, Impact factor: 2.58

<https://link.springer.com/article/10.1007%2Fs11199-014-0435-z>

54. Nawaz, B. & Muazzam, A. (2015). Performance related pay of University employee: A Comparison of Public and Private Sector Universities of Pakistan. *Pakistan Business Review*, 1(17), 183-200. Y Category, citations 4. <https://pbr.iobm.edu.pk/wp-content/uploads/2016/01/4-Bushra-nawaz.pdf>
55. Muazzam, A. Tiwana, S. (2015). Impact of Goal setting on Organizational Commitment of Employee". *Journal of Arts and Social Sciences*, 2(1), 2-15. Z category
<http://www.lcwujass.com/assets/allabs/Impact%20of%20Goal%20setting%20on%20Organizational%20Commitment%20of%20Employee.pdf>
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http://pjgs-ws.com/Title%20Eng_Title%20Urdu%20VOL%2010.pdf#page=96
57. Ilyas, Z. & Muazzam, A. (2015). Development and validation of a general adjustment to aging scale in Pakistan. *Journal of Arts and Social Science*, 2(2), 81-96. Z category, citation-1
<http://www.lcwujass.com/assets/allabs/Development%20and%20Validation%20of%20a%20General%20Adjustment%20to%20Aging%20Scale%20in%20Pakistan.pdf>
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<http://www.slab.itu.edu.pk/a-bibliometric-study-of-the-worlds-research-activity-in-sustainable-development-and-its-sub-areas-using-scientific-literature/>
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<http://www.gcu.edu.pk/FullTextJour/PJSCS/2013/8.%20amina%20muazzam%20Composed.pdf>
60. Jalil, T. & Muazzam, A. (2013) Emotional intelligence and marital adjustment in fertile & infertile couples. *International Journal of Psychological Research*, 2(2). Foreign Journal Y Category. Citations-17.
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Thalassemia and Hemophilia. *Pakistan Journal of Social and Clinical Psychology*, 11(2), 36.-42. Y category. Citations-3.
<http://www.gcu.edu.pk/FullTextJour/PJSCS/2013b/6.aminamuazzam.pdf>

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<http://www.pjprnip.edu.pk/pjpr/index.php/pjpr/article/view/192>

63. Muazzam, A. & Khalid, R. (2011). Development and Validation of Disordered Eating Behavior Scale (DEBS): Identification, Prevalence and Difference with clinically diagnosed Eating Disorders. *Pakistan Journal of Psychological Research*, 26(2), 127-148. X Category, Impact Factor: 0.23, Citations-9.
<http://www.pjprnip.edu.pk/pjpr/index.php/pjpr/article/viewFile/22/15>

64. Muazzam, A. & Khalid, R. (2008). Disordered eating behaviors: overview of Asian Cultures. *Journal of Pakistan Psychiatric Society*, 5(2), 76-85. Z Category, Citations 9
http://www.jpaps.com.pk/article/disorderedeatingbehaviorsanoverviewofasiancultures_2353.html

HEC Recognized Publications (Impact Factor and Citations)

Sr. No.	Name of Author/s	Complete Name of Journal and Address with	Title of Publication	Vol. No. & Page	HEC Category W/X/Y/Z	Year Published	Impact Factor + Citation)
1.	Fatima, S., Fatima, N., & Muazzam, A.	Journal of LGBTQ Issues in Counseling	Assessing familial and social factors of life satisfaction in Pakistani			2022	
2.	Mehmood, H., Muazzam, A., Butt, M. G., Jabeen, B., Zareen, G. & Afshan, S.	Pakistan Journal of Medical & Health Sciences ISSN: 1996-7195 https://pjmhsonline.com/published-issues/2021/september/02420	Gender Differences in Ways of Coping among Cardiovascular Disease's Patients.	15(9), 2429-2432	Y	2021	

3.	Shakil, M., Ashraf, F., Aziz, A. & Muazzam, A.	Palarch's Journal of Palaeontology and Egyptology ISSN: 1567-214x https://archives.palarch.nl/index.php/jae/article/view/100	Cognitive Distortions, Depression and Suicidal Ideation in Mastectomized Breast Cancer Patients.	18(17), 361-374	X	2021	IF:1.50
4.	Faran, M., Hassan, N., Ejaz, B., Khawar, A., Malik, N., Komal, A. &	Eurasian Journal of Educational Research ISSN: 1302-597X	Validation of the Urdu Translation of Mental Health Continuum- Short form (MHC-SF): Education in Perspective.	95, 39- 56	X	2021	IF:0.98
5.	Malik, N., Hassan, N. & Muazzam, A.	Palarch's Journal of Palaeontology and Egyptology ISSN: 1567-214x https://archives.palarch.nl/index.php/jae/article/view/971	Sleep Disorders and Cognitive Functioning in Patients with Asthma.	18(09), 1435- 1444	X	2021	IF:1.50
6.	Ejaz B., Maqbool, A., Malik, N., Khawar, A., Hassan, N. & Muazzam, A.	Palarch's Journal of Palaeontology and Egyptology ISSN: 1567-214x https://archives.palarch.nl/index.php/jae/article/view/984	Grief among Cancer Patients: Predictor of Burden of Care and Mental Health among their Caregivers.	18(17), 68-80	X	2021	IF:1.50
7.	Khawar, A., Rabail, A., Malik, N., Ejaz, B., Hassan, N., Amjad, M. & Muazzam, A.	Palarch's Journal of Palaeontology and Egyptology ISSN: 1567-214x https://archives.palarch.nl/index.php/jae/article/view/984	Health Betrayal, Trust in Intimate Partner Relationship and Grief among Women with Breast Cancer and Cervical Cancer.	18(17), 81-94.	X	2021	IF:1.50

8.	Hassan, N., Muazzam, A. , Malik, N., Ejaz, B., Khawar, A., Niazi, Y. & Nazir, M. F.	Palarch's Journal of Palaeontology and Egyptology ISSN: 1567-214x https://archives.palarch.nl/index.php/jae/article/view/980	Neuro-Psychological and Physical Side Effects of HCV Treatment and Health Related Quality of Life among Patients with HCV Infection.	18(09), 1539-1554	X	2021	IF:1.50
9.	Faran, M., Hassan, N., Khawar, A., Ejaz, B., Malik, N., Mahmood, I. & Muazzam, A.	Palarch's Journal of Palaeontology and Egyptology ISSN: 1567-214x https://archives.palarch.nl/index.php/jae/article/view/980	Music Absorption and Serenity in Music Listeners: Intervening Role of Spirituality.	18(09), 1526-1538	X	2021	IF:1.50
10	Hassan N, Muazzam A , Ejaz B, Faran M, Nazir F, Rasool H.	Palarch's Journal of Palaeontology and Egyptology ISSN: 1567-214x https://archives.palarch.nl/index.php/jae/article/view/951	Coping Strategies in Hepatitis C Patients during the Course of Antiviral Treatment of HCV.	18(1): 91-104	X	2021	IF:1.50
11	Muazzam, A. , Ali, N., Niazi, Y., & Hassan, N.	Pakistan Journal of Medical Sciences ISSN: 1682-024X https://doi.org/10.12669/pjms.37.4.38	Emotion Regulation, Optimism and Quality of Life among Gastric Ulcer Patients.	37(4): 988-992	Y	2021	IF:0.754
12	Ejaz, B., Muazzam, A. , Hassan, N., Pollock, G. & Nawaz, R.	Psychology and Education Journal ISSN: 1553-6939 http://psychologyandeducation.net/pae/article/view/5387	Mediating Role of Shyness between Childhood Abuse and Social Anxiety in University Students: Narrative from Pakistan.	(54)4: 3694-3708	Y	2021	
13	Ejaz, B., Muazzam, A. & Admin.	Journal of the Pakistan Medical Association ISSN: 0030-9982 https://doi.org/10.4	Self-consciousness in female university students: the predictive role of social anxiety.	71(3),1-12	X	2021	IF: 0.409

14	Shakil, M., Ashraf, F., Muazzam, A. , Amjad, M. & Javed, S.	Death Studies, DOI: 10.1080/07481187.2020.1865479	Work status, death anxiety and psychological distress during COVID-19 pandemic: Implications of the terror management theory.	1: 1-6	W	2021	IF: 1.36
15	Jafree, S. R., Momina, A. U., Muazzam, A. , Wajid, R. & Calib, G.	Research Square. DOI: 10.21203/rs.3.rs-49860/v1	Delivery Health Service Satisfaction of Mothers and Fear of COVID-19: Implications for Mental and Child Health in Pakistan.		W	2021	
16	Muazzam, A. , Anjum, A. & Visvizi, A.	Sustainability. ISSN: 2071-1050 https://doi.org/10.3390/su122410565	Problem-Focused Coping Strategies, Workplace Bullying, and Sustainability of HEIs.	12(24): 10565	W	2020	IF:2.576
17	Ijaz, S., Malik, S. & Muazzam, A.	Journal of Pakistan Psychiatric Society ISSN: 1726-8710 https://www.jpss.pk/index.php/journal/article/view/48/25	Mode of Insulin, Gender and Education as Determinant of Psychosocial Problems of Patients with Type II Diabetes.	17(3): 14-18	Y	2020	
18	Ahmed, S. & Muazzam, A.	Journal of Behavioural Sciences ISSN: 1028-9097 http://pu.edu.pk/home/journal/24/Curr	Development of Psychometric Properties of Overeating Situations Scale (OSS).	30(2):	Y	2020	
19	Imtiaz, T., & Muazzam, A.	Pakistan Journal of Social and Clinical Psychology ISSN:1727-4931 https://gcu.edu.pk/wp-content/uploads/2020/05/10.3390/ps12050119	Development and Validation of Bio-psychosocial Problems Scale for Patients with Thalassemia	18(2): 19-26	Y	2020	
20	Shamim, A. & Muazzam, A.	Pakistan Journal of Psychological Research ISSN:1016-0604 https://doi.org/10.33824/PJPR.2020.3824	Positive Emotions Scale: Construct Development and Validation.	35(3): 429-454	Y	2020	

21	Kazmi, U. & Muazzam, A.	Pakistan Journal of Psychological Research ISSN: 1016-0604	Adjustment Problems, Depression and Academic Achievement: The Mediating Role of Resilience.	35(3): 545-557	Y	2020	
22	Niazi, Y., Ejaz, B. & Muazzam, A.	Pakistan Journal of Medical Sciences ISSN: 1682-024X https://doi.org/10.12669/pjms.36.6.24	Impact of hearing impairment on psychological distress and subjective well-being in older adults.	36(6): 1210-1215	X	2020	IF:0.754 Citation 1
23	Ijaz, S., Muazzam, A. & Malik, S.	Journal of Pakistan Medical Association ISSN: 0030-9982 https://www.inma.org	Development and validation of psychosocial problems scale for type 2 diabetes (PPSTD)	70(6): 964-968	X	2020	IF:0.576 Citation 1
24	Ahmad, M., Muazzam, A., Anjum, A., Visvizi, A. & Nawaz, R.	Sustainability ISSN: 2071-1050 https://www.mdpi.com/2071-1050/2021-1050/2071-1050	Linking Work-Family Conflict (WFC) and Talent Management: Insights from a Developing Country.	12(7):2861	W	2020	IF:2.576 Citation 5
25	Ejaz, B., Muazzam, A., Anjum, A., Pollock, G. & Nawaz, R.	Sustainability ISSN: 2071-1050 http://dx.doi.org/10.3390/su12062164	Measuring the Scale and Scope of Social Anxiety among Students in Pakistani Higher Education Institutions: An Alternative Social Anxiety Scale	12(6): 2164	W	2020	IF:2.576 Citation 4
26	Ahmad, S., Muazzam, A. & Anjum, A.	Pakistan Armed Forces Medical Journal ISSN:0300-9648 https://www.pafmj.org/index.php/PAFMJ/article/view/5112	Factors of Obesity and Personality Traits among Middle-Aged Women of Lahore.	70(4): 1153-57	Y	2020	
27	Anjum, A., Shoukat, S., Muazzam, A. & Ejaz, B.	Journal of Arts and Social Sciences ISSN:2414-8512 https://www.researchgate.net/publication/343751453_Emotiona_Intelligence_and_Life_Satisfaction_of_Teachers_Working_at_Special_Education_Institutions_of_Bahawalpur_Pakistan	Emotional Intelligence and Life Satisfaction of Teachers Working at Special Education Institutions of Bahawalpur, Pakistan.	7(1): 21-27	Y	2020	

28	Anjum, A., Muazzam, A. , Manzoor, F., Visvizi, A., Pollock, G.& Nawaz, R.	Sustainability ISSN: 2071-1050 https://www.mdpi.com/2071-1050/11/17/4634/h	Measuring the Scale and Scope of Workplace Bullying: An Alternative Workplace Bullying Scale.	11(17): 4-634.	W	2019	IF: 2.576 Citations 6
29	Anjum, A., Muazzam, A. , Manzoor, F., Visvizi, A.& Nawaz, R.	Sustainability ISSN: 2071-1050 http://dx.doi.org/10.3390/su11082244	Mediating Bullying and Strain in Higher Education Institutions: The Case of Pakistan.	11(8): 2244	W	2019	IF:2.576 Citations 10
30	Sabah, F., Hassan, S., Muazzam, A. , Iqbal, S., Soroya, S. H. & Sarwar, R.	Library Hi Tech. ISSN: 0737-8831 https://www.emeraldinsight.com/doi/abs/10.1108/LHT-03-2018-0036	Scientific collaboration networks in Pakistan and their impact on institutional research performance A case study based on Scopus publications.	37(1): 19-29	X	2019	IF :1.256 Citations 17
31	Afzal, A., Muazzam, A. & Malik, S.	The Discourse ISSN 2521-5337 https://discourse.org.pk/archives-	Development and Validation of Pre-Marital Anxiety Scale.	5(1): 167-178.	Y	2019	
32	Anjum, A. & Muazzam, A.	Journal of Post Graduate medical institute Peshawar. https://ejournalsystem.net/index.php/jpmi/article/view/2426	Workplace bullying and physical health of teachers working in higher education institutes.	33(3): 227-230.	Y	2019	Citations 2
33	Hassan, N., Muazzam, A. & Anjum, A.	Pakistan Journal of Clinical and social psychology. ISSN: 1727-4931 https://gcu.edu.pk/wp-content/uploads/20	Development and Validation of Scale for Neuro-Psychological and Physiological Side Effects of Interferon Therapy (NPPSI) in HCV Patient.	17(2): 40-49	Y	2019	
34	Salahuddin, S. & Muazzam, A.	Clinical & Counselling Psychology Review, https://journals.umt.edu.pk/index.php/CCPR/article/view/	Gaming addiction in adolescent boys: The interplay expression, Narcissistic personality and social interaction.	1(2): 1-19	Y	2019	

35	Muazzam, A., Waheed T, Ahmed, S. & Muzaffar, S	Pakistan Journal of Clinical and Social Psychology ISSN:1727-4931 https://gcu.edu.pk/wp-content/uploads/20	Dieting Beliefs Among Adolescent Girls.	17(1): 61-67	Y	2019	Citations 1
36	Malik, N. & Muazzam, A.	Annals of King Edward Medical University ISSN: 2079-0694 https://www.annalskemu.org/journal/index.php/annals/arti	Sleep Disorders as Predictor of Health-Related Quality of Life in Patients with COPD.	24(S): 897-901	Y	2018	Citations 1
37	Anjum, A.& Muazzam, A.	Pakistan Journal of Psychological Research. ISSN: 1016-0604 http://www.pjprnip.edu.pk/pjpr/index.php/pjpr/article/view/	The Gendered Nature of Workplace Bullying in the Context of Higher Education.	33(2):4 93-505	X	2018	Citations 5
38	Shamim, A. & Muazzam, A.	Pakistan Journal of Social and Clinical Psychology ISSN:1727-4931 https://gcu.edu.pk/wp-content/uploads/20	Positive Emotions and Compliance as Predictors in the Management of Type II Diabetes.	16(2): 27-33	Y	2018	Citation 4
39	Sultan, H. & Muazzam, A.	Journal of Behavioral Sciences ISSN:1028-9097 http://pu.edu.pk/images/journal/doap/PDF-	Development and Validation of Betrayal Scale for Women.	27(2): 30-47	X	2017	
40	Muazzam, A. & Ahmad, A.	Pakistan Journal of Psychological Research ISSN: 1016-0664 http://www.pjprnip.edu.pk/pjpr/index.php/pjpr/article/view/	Predictors of sleep disturbances among college students: Interplay of media exposure and Health related quality of Life.	32(2): 393-406	X	2017	Citations 5
41	Kazmi, R. & Muazzam, A.	Pakistan Journal of Social and Clinical Psychology ISSN:1727-4931 https://gcu.edu.pk/wp-content/uploads/20	Development and Validation of Adjustment problem scale for college /University students.	15(1): 20-26	Y	2017	Citations 6

42	Hassan, S., Sarwar R., Muazzam, A.	Science and Public Policy Oxford University Press ISSN 0302-3427	Tapping into intra- and international collaborations of the Organization of Islamic Cooperation states across science and	12: 1-12	W	2016	IF: 1.538 Citations 22
43	Arshad, H & Muazzam, A.	Journal of Behavioral Sciences Institute of Applied Psychology	Development and Validation of grief scale for Cancer patients.	26(1): 1-16	X	2016	Citations 1
44	Iram, H. & Muazzam, A.	Pakistan Journal of Gender Studies, Center of Excellence for Women Studies University of Karachi ISSN: 2072-0394 http://genderstudie	Self-esteem Body image and self-consciousness among Women after rejection of Marriage Proposals	12: 71-86 (2072-0394)	Y	2016	Citations 1
45	Muazzam, A. & Jabeen, T.	Science International 11-D Sabzazar Wahdat Road Lahore Pakistan ISSN: 1013-5316	Development of Psycho-social Problems Scale for hearing Adults of Deaf Parents	28(1): 695-700	Y	2016	
46	Muazzam, A. & Qayyum, F.	Pakistan Journal of Social and Clinical Psychology ISSN: 1727-4931 https://gcu.edu.pk/wp-content/uploads/20	Experiences of Sexual Harassment: Interplay of Working Environment, Depression and Self-esteem in Pakistani Women.	14(1): 42-46	Y	2016	Citations 5
47	Li, C., Zayed, K., Muazzam, A., Li, M., Cheng, J. & Chen, A.	Sex Roles A Journal of Research Spring St. 233 10013 New York USA	Motives for Exercise in Undergraduate Muslim Women and Men in Oman and Pakistan Compared to the United States	72: 68-884 (69-84).	W	2015	IF: 2.22 Citation 17

54	Sohail, R & Muazazm, A.	Pakistan Journal of Psychological Research ISSN: 1016-0664 http://www.pjpr.nip.edu.pk/index.php/pjpr/article/view/270	Correlates of Disordered Eating Behavior in Pregnant Women.	27(2): 153-172	X	2012	Citations 6
55	Muazzam, A. & Khalid, R.	Pakistan Journal of Psychological Research ISSN: 1016-0664 https://www.semanticscholar.org/paper/Development-and-Validation-of-Disordered-Eating-Behavior-Scale-(DEBS): Identification, Prevalence and Difference with clinically diagnosed Eating Disorders.	Development and Validation of Disordered Eating Behavior Scale (DEBS): Identification, Prevalence and Difference with clinically diagnosed Eating Disorders.	26(2): 127-148	X	2011	Citation 12

C- List of Publications in Journals (Z Category only)

Sr. No.	Name of Author	Name of Journal with ISSN (print) No./ISBN No./ other contributions that come under defined categories.	Title of the Publication	Vol. No. & Page No.	Categorized by HEC as W/X/Y/Z	Year Published
56.	Kazmi, U. & Muazzam, A.	International Journal of Educational Enquiry and Reflection	Nature of Adjustment Problems among College/University Students: A Meta-	4(1): 2-11	Z	2019
57.	Anjum A.& Muazzam, A.	Journal of Arts and Social Sciences ISSN: 2311-293X http://www.lcwujass.com/assets/allabs/10th04.pdf	Workplace Bullying and Turnover Intention among University Teachers.	V(II)	Z	2018
58.	Shamim, A. & Muazzam, A.	Journal of Arts and Social Sciences. http://www.lcwujass.com/assets/allabs/9th08.pdf	Gender Differences in Positive Emotion.	1:125-137	Z	2018
59.	Kamal A., Waqar F., Muazzam A.,	Journal of Arts and Social Sciences http://www.lcwujass.com/assets/allabs/10th02.pdf	Attitudinal Determinants of Son Preference for Pakistani Women: Poisson Regression	V (II)1	Z	2018

60.	Muazzam, A., Mubeen, A & Batool, S.	International Journal of Educational Enquiry and Reflection, https://ijeer.lcwu.edu.pk/assets/ijeer/vol2/2-5.pdf	Identification of stressors among female university teachers in Pakistan.	2(1):72-87.	Z	2017
61.	Malik, N. & Muazzam, A.	Journal of Arts and Social sciences, http://www.lcwujass.com/assets/allabs/issue7-07.pdf	Development of sleep disorders scale through expert opinion.	1(4): 95-105	Z	2017
62.	Muazzam, A. Tiwana, S.	Journal of Arts and Social Sciences, http://www.lcwujass.com/assets/allabs/Impact%20of%20Goal%20setting%20on%20Organizational%20Commitment%20of%20Employee.pdf	Impact of Goal setting on Organizational Commitment of Employee".	2(1): 2-15	Z	2015
63.	Ilyas, Z. & Muazzam, A.	Pakistan Journal of Arts and Social Science ISSN: 2311-293X http://www.lcwujass.com/assets/allabs/Development%20and%20Validation%20of%20a%20General%20Adjustment%20to%20Aging%20Scale%20in%20Pakistan.pdf	Development and validation of a general adjustment to aging scale.	2(2):81-96	Z	2015
64.	Muazzam, A. & Khalid, R.	Journal of Pakistan Psychiatric Society ISSN: 1726-8710 http://www.jpaps.com.pk/article/disordereatingbehaviorsanoverviewofasiancultures_2353.html	Disordered eating behaviours: overview of Asian Cultures	5(2): 76-85	Z	2008

Number of books Authored

1. Book Chapter "Sarwar, R., Soroya, S. H., Muazzam, A., Sabah, F., Iqbal, S., & Hassan, S. U. (2019). A Bibliometric Perspective on Technology-Driven Innovation in the Gulf Cooperation Council (GCC) Countries in Relation to Its Transformative Impact on International Business. In *Technology-Driven Innovation in Gulf Cooperation Council (GCC) Countries: Emerging Research and Opportunities* (pp. 49-66). IGI Global. Citations-3. <https://www.igi->

International Conference Presentations

1. Key note talk on “Sexual harassment in public transport in Pakistan, Presented at the 77th International Council of Psychologists Conference: Human Rights, Dignity and Social Justice in Cadiz, Spain, June, 2019.
2. Paper presented on “Development of Positive emotions Scale, Presented at the 76th International Council of Psychologists Conference: Human Rights, Dignity and Social Justice in Montreal, Canada, June, 2018.
3. Paper presented on “Positive emotions across Gender, Presented at Harriot Watt university in Dubai, UAE, October, 2017.
4. Paper presented on “Sexual harassment at workplace, Presented at Middlesex University in Dubai, UAE, October, 2016.
5. Gender Differences in Positive Psychology paper presented at 1st International Conference on Global Gender Perspectives on 14-16 November 2016 at Lahore College for Women University, Lahore under partnership with George Washington University, USA.
6. Gender Differences in Positive Psychology paper presented at 1st International Conference on Global Gender Perspectives on 14-16 November 2016 at Lahore College for Women University, Lahore under partnership with George Washington University, USA.
7. “Sense of humour in University Teacher, paper presented at 1st International Conference on Islamic psychology on 14-16 April 2015 at International Islamic University, Malaysia.
8. Prevalence, Risk and Protective factors related to Disordered Eating Behaviours among young adults: Interplay of Gender and Psychosocial factors. British Psychological Society Conference: Psychology of Women Section, Cumberland Lodge, Windsor, July 14-16, 2010.
9. Brain Drain Trends. 10th International conference of Business and Economics Research in Florida, USA, January 4-6, 2010.

10. Gender differences in predictors of disordered eating behaviour. Maso Scientific Obesity Conference Abstract Book, Kuala Lumpur, Malaysia. August 13, 2009
11. Disordered eating behaviors: A review article. Maso Scientific Obesity Conference Abstract Book, Kuala Lumpur, Malaysia. August 13, 2009

National Conference Presentations

1. Guest Speaker at 3 Days International Virtual Conference on Rectifiers for Post COVID World. Topic: "Challenges and Opportunities in the Post COVID Era." on 7th-9th May 2021, by Lahore College for Women University, Lahore.
2. 4th International e Conference on Neglect, Abuse and Trauma: The Living Nightmares. 18th March, 2021. By School of Professional Psychology, University of Management and Technology, Lahore.
3. Presented Paper on Work-Family conflict at international conference of applied psychology: Practices and Interventions on 6th – 8th February, 2020, by IAP, Punjab University.
4. Paper presented at International Conference "Islamic Perspective in Modern Psychology" 24th – 25th September 2019, Organized by Riphah Institute of Clinical and Professional Psychology. Riphah International University, Lahore, Pakistan.
5. Paper presented in International conference of Applied Psychology: Practices and Interventions. 6th – 8th February 2019. Title: "An indigenous work family conflict stress scale", at Institute of Applied Psychology, University of the Punjab, Lahore, Pakistan.
6. Symposia Speaker, Delivered a Keynote Address on "Recovery from Mental Illness: Looking at Road Block and Strength". At three day International Conference on "Islamic Perspectives in Modern Psychology". 24th – 26th September, 2019. Organized by Riphah Institute of Clinical and Professional Psychology, Riphah International University, Lahore, Pakistan.
7. Presented two paper in 7th International Conference "Positive Psychology: Developing a Flourishing Community" at National Institute of Psychology, in November, 2018.

8. Development and validation of trust in intimate partner scale for women paper presented at International conference on Health and Wellbeing organized by Department of Applied Psychology, Lahore college for Women University 11th -13th December 2017.
9. Development of Stress Tolerance Scale: Establish content validity Index paper presented at International conference on Health and Wellbeing organized by Department of Applied Psychology, Lahore College for Women University 11th -13th December 2017.
10. Development and validation scale of betrayal scale for women Research paper presented on International conference on peace conflict and violence: Challenges & Resolution Strategies organized by Department of Humanities, Comsats Institute of Information technology, Lahore dated 29th-30th November, 2017.
11. Development and validation of trust in intimate partner scale for women Research paper presented on International conference on peace conflict and violence: Challenges & Resolution Strategies organized by Department of Humanities, Comsats Institute of Information technology, Lahore dated 29th-30th November, 2017.
12. Development of Stress Tolerance Scale: Establish content validity Index Research paper presented on International conference on peace conflict and violence: Challenges & Resolution Strategies organized by Department of Humanities, Comsats Institute of Information technology, Lahore dated 29th-30th November, 2017.
13. Role of emotional intelligence, social competence and Sense of humor among university teacher Research paper presented at 1st International conference on Emerging Issues in Management Sciences organised by Department of Management sciences LCWU. 18-20 July, 2017.
14. Domestic and professional stressors of female university teachers Research paper presented at 1st International conference on Emerging Issues in Management Sciences organised by Department of Management sciences LCWU. 18-20 July, 2017.
15. Bio-Psychosocial Impacts of Menopause among Pakistani Women paper presented at Three-Day International Conference on Health Psychology: Issues & Challenges at Government College University dated 26th – 28th April, 2017.
16. Bio Psychosocial Impacts of Early Puberty in Pakistani Girls paper presented at Three-Day International Conference on Health Psychology: Issues & Challenges at Government College University dated 26th – 28th April, 2017

- 17.** Bio-Psychosocial Impacts of Bipolar Parents on Their Children paper presented at Three-Day International Conference on Health Psychology: Issues & Challenges at Government College University dated 26th – 28th April, 2017
- 18.** Intimate Partner Betrayal among Pakistani Women paper presented at Three-Day International Conference on Health Psychology: Issues & Challenges at Government College University dated 26th – 28th April, 2017
- 19.** Development of Indigenous Scale on Neuropsychological and Physiological side effects of Interferon Therapy in HCV Patients paper presented at Three-Day International Conference on Health Psychology: Issues & Challenges at Government College University dated 26th – 28th April, 2017
- 20.** Development & Validation of Adjustment Problem Scale for College/ University Students paper presented at Three-Day International Conference on Health Psychology: Issues & Challenges at Government College University dated 26th – 28th April, 2017
- 21.** Development & Validation of Psychosocial Problem Scale for Diabetes (PPSD) paper presented at Three-Day International Conference on Health Psychology: Issues & Challenges at Government College University dated 26th – 28th April, 2017
- 22.** Bio Psychosocial Impacts of Cardio-Phobic and Cardiac Patients on their Daily Lives Functioning Paper presented at 1st International conference on Clinical Psychology and the developing world: Issues, challenges and Solutions University of Management and Technology dated March 9-10, 2017.
- 23.** Impact of Story Telling on Children Paper presented at 1st International conference on Clinical Psychology and the developing world: Issues, challenges and Solutions University of Management and Technology dated March 9-10, 2017.
- 24.** Impacts of Professional work on the lives of Pakistani Women Paper presented at 1st International conference on Clinical Psychology and the developing world: Issues, challenges and Solutions University of Management and Technology dated March 9-10, 2017.
- 25.** Selective Mutism: A Cultural Perspective Paper presented at 1st International conference on Clinical Psychology and the developing world: Issues, challenges and Solutions University of Management and Technology dated March 9-10, 2017
- 26.** Role of Stress and Social Support in Miscarriage Paper presented at 1st International conference on Clinical Psychology and the developing world:

Issues, challenges and Solutions University of Management and Technology
dated March 9-10, 2017

- 27.** Sleep disturbances in college students. Paper presented at 10th International psychiatric Conference held on 20th February 2016 at SIMS Lahore
- 28.** Development of Premenstrual Scale. Paper presented at 10th International psychiatric Conference held on 20th February 2016 at SIMS Lahore
- 29.** Phenomenology of Positive Psychology Paper presented at Conference on “Islamic Tradition in Psychology” at Lahore School of Management, University of Lahore held on 5th March, 2016
- 30.** Identification and Expression of Grief among Cancer patient paper presented at 1st National Conference Emerging Trends in Clinical Psychology, on 21-22 September 2016 at COMSATS Institute of Information Technology, Lahore.
- 31.** Identification and Prevalence of Social Anxiety across gender paper presented at 1st National Conference Emerging Trends in Clinical Psychology, on 21-22 September 2016 at COMSATS Institute of Information Technology, Lahore
- 32.** Work family Conflict ;An overview of Asian Culture paper presented at 1st National Conference Emerging Trends In Clinical Psychology, on 21-22 September 2016 at COMSATS Institute of Information Technology ,Lahore.
- 33.** Development and Validation of Trust on Intimate partner Scale paper presented at 1st National Conference Emerging Trends in Clinical Psychology, on 21-22 September 2016 at COMSATS Institute of Information Technology, Lahore
- 34.** Bio Psychosocial Impact of early Puberty in Pakistani girls’ paper presented at 1st National Conference Emerging Trends in Clinical Psychology, on 21-22 September 2016 at COMSATS Institute of Information Technology, Lahore.
- 35.** Personality as predictor for domestic and professional stressors paper presented at 1st International Education Conference Building Knowledge competencies for sustainable development in Asia: Achieving the Goals of Life Long Learning, on 2-4 November 2016 at Institute of Education Lahore College for Women University, Lahore.
- 36.** Role of Emotional Intelligence Social Competence and Sense of Humor among University Students. Paper presented at 1st International Education Conference Building Knowledge competencies for sustainable development

in Asia: Achieving the Goals of Life Long Learning, on 2-4 November 2016 at Institute of Education Lahore College for Women University, Lahore.

- 37.** Women after rejection of proposals paper presented at 6th International Conference Psychology of gender in perspectives Issues and Challenges on 1-2 December, 2016 at National Institute of Psychology Centre of Excellence Quaid e Azam University, Islamabad.
- 38.** The Gendered nature of Workplace Bullying paper presented at 6th International Conference Psychology of gender in perspectives: Issues and Challenges on 1-2 December 2016 at National Institute of Psychology Centre of Excellence Quaid e Azam University, Islamabad.
- 39.** Assessment of Impulsivity among Pakistani Population Poster presented at 6th International Conference Psychology of gender in perspectives: Issues and Challenges on 1-2 December 2016 at National Institute of Psychology Centre of Excellence Quaid e Azam University, Islamabad.
- 40.** Development of Hope Scale for Elderly Poster presented at 6th International Conference Psychology of gender in perspectives: Issues and Challenges on 1-2 December 2016 at National Institute of Psychology Centre of Excellence Quaid e Azam University, Islamabad.
- 41.** Identification and prevalence of Social Anxiety among Pakistani Youth paper presented at 1st International Conference on Global Gender Perspectives on 14-16 November 2016 at Lahore College for Women University, Lahore under partnership with George Washington University, USA.
- 42.** 7 Papers presented on Indigenizing Clinical Psychology: Issues and Challenges at Clinical Psychology University of Management and Technology, Lahore. December 16-17, 2015
- 43.** Paper presented at 5th International Conference on Educational Psychology at National Institute of Psychology centre of Excellence Quaid –I - Azam University, Islamabad. 13th November, 2014
- 44.** Paper presented at Two days international Conference on Social Psychology 20th -21st May, 2014
- 45.** Paper presented at International Conference of “Role of Psychologist in the Service of Society” at Alhamra Hall III, Mall Road Lahore. 31 October 2013
- 46.** Paper presented at International Conference of Pakistan Psychological Association Lahore Chapter held on 31st October 2013.
- 47.** Poster Presentation “Role of psychologists in the service of society”, Social Issues, Rehabilitation and Practicing Ethics, at Alhamra Hall, Mall Road Lahore. 31st October, 2013

- 48.** Oral presentation on “Role of psychologists in the service of society”, social issues, rehabilitation and practicing ethics at Alhamra hall, Mall Road Lahore held on 31 October, 2013
- 49.** Paper Presented Conducted On “Understanding students Psychology “AT IB&M-UET, 2nd Faculty development Program by AMDIP “on 9 January 2013.
- 50.** Paper presented at International Conference on Industrial and Organizational psychology: Trends, Challenges and Applications at National Institute of Psychology Centre of Excellence Quaid –I - Azam University, Islamabad. April 19th, 2012
- 51.** Paper presented at First International Conference on Developmental Psychology held on 27th – 28th March, 2012 at Government College University.
- 52.** Health and Hope in Children with Thalassemia and Hemophilia: A caregiver’s Burden Study. 13th Pakistan Psychological Association Conference, International Islamic University, Islamabad, February 9-10, 2012.
- 53.** Paper presented at 13th Pakistan Psychological Association Conference at Hotel Park Plaza, Gulberg Lahore. 25-26th November, 2011
- 54.** Development and Validation of Body Image Scale (BIS). 13th Pakistan Psychological Association Conference, Hotel Park Plaza, Lahore, November 24-25, 2011.
- 55.** Disordered Eating Behaviors in Pregnant Women of Lahore. 13th Pakistan Psychological Association Conference, Hotel Park Plaza, Lahore, November 24-25, 2011.
- 56.** Life Satisfaction & Psychological Wellbeing in Females residing in Public & Private hostels of Lahore. 12th Annual Population Research conference on “Pakistani Youth”: The Ultimate resource in collaboration with Institute for Cultural Studies, University of the Punjab, Lahore, November 22-24, 2011.
- 57.** Brain Drain: Psychosocial factors effecting economic growth of Pakistan. Research Conference by Population Association of Pakistan in collaboration with Fatima Jinnah Women University with a theme of Population, Peace and Development, November 24-26, 2010.
- 58.** Development and Validation of Disordered Eating Behavior Scale (DEBS): Identification, Prevalence and Difference with clinically diagnosed Eating Disorders. National conference on Research in Psychology: Indigenous and

Cultural Context, National Institute of Psychology, Centre of Excellence, Quaid-i-Azam University, Islamabad, October 14, 2010.

- 59.** Paper Presented on National Conference on Research in Psychology indigenous and cultural context at Quaid-i- Azam University, Islamabad. 14th October, 2010
- 60.** Prevalence, Risk and Protective factors related to Disordered Eating Behaviours among young adults: Interplay of Gender and Psychosocial factors. British Psychological Society Conference: Psychology of Women Section, Cumberland Lodge, Windsor, July 14-16, 2010.
- 61.** Predictors of Disordered Eating Behavior: Interplay of Gender and Psychosocial Factors. International Conference on Culture and Mental Health, Government College University, Lahore, March 6, 2009.
- 62.** Disordered Eating Behaviors in Pregnant Women of Lahore. 13th Pakistan Psychological Association Conference, Hotel Park Plaza, Lahore. November 24-25, 2011.
- 63.** Development and Validation of Body Image Scale (BIS). 13th Pakistan Psychological Association Conference, Hotel Park Plaza, Lahore. November 24-25, 2011.

Conferences Session Chaired

1. Chaired 24th National Psychiatric Conference on “Mental Health & Pandemics” on 26th-28th November, 2021, by Department of Psychiatry and Behavioural Sciences, PMC/Faisalabad Medical University.
2. Chaired 4th International e- Conference on Neglect, Abuse and Trauma: The Living Nightmares. 18th March, 2021. By School of Professional Psychology, University of Management and Technology, Lahore.
3. Chaired 1st International conference on Recent Advances and Challenges in basic and Social science in contemporary research on Feb 12-13, 2020 at Govt. Islamia College for women Cooper road.
4. Chaired Scientific Session/Keynote speaker of International conference on The Islamic Perspectives in Modern Psychology from 24th – 26th September 2019, organized by Riphah International University.
5. Chaired Scientific Session of International conference on recent trends and intervention in clinical psychology from 20-22 March 2019 at Centre for Clinical Psychology, University of Punjab, Lahore.
6. Chaired Second International Conference on Gender “Perspectives, Realities and Challenges” as Co-chair in December 2018.

7. Attended 7th International Conference “Positive Psychology: Developing a Flourishing Community” as Symposium Chair at National Institute of Psychology, in November, 2018.

Conferences Attended only

1. International conference on “Recent Trends & Interventions in Clinical Psychology” 20th- 22nd March 2019. Institute of Applied Psychology, University of the Punjab, Lahore, Pakistan.
2. Three Day International conference of Applied Psychology: Practices and Interventions. 6th – 8th February 2019. Centre for clinical psychology, University of the Punjab, Lahore, Pakistan.
3. 1st International conference on Clinical Psychology and the developing world: Issues, challenges and Solutions University of Management and Technology dated March 9-10, 2017. Three-Day International Conference on Health Psychology: Issues & Challenges at Government College University dated 26th – 28th April, 2017.
4. 1st International conference on Emerging Issues in Management Sciences organised by Department of Management sciences LCWUU. 18-20 July, 2017.
5. International conference on peace conflict and violence: Challenges & Resolution Strategies organized by Department of Humanities, Comsats Institute of Information technology, Lahore dated 29th-30th November, 2017.
6. International conference on Health and Wellbeing organized by Department of Applied Psychology, Lahore College for Women University 11th -13th December 2017.
7. International conference on Social sciences and Humanities organized by Virtual University in collaboration with Lahore college for Women University 14th -16th December, 2017.
8. Has participated in Indigenizing Clinical Psychology: Issues and Challenges at Clinical Psychology University of Management and Technology, Lahore. December 16-17, 2015.
9. 14th National Conference on “Current Challenges for psychology” on 19-21 March 2015 by, Pakistan psychological Association in collaboration with Institute of clinical psychology Punjab University, Lahore.
10. 13th Muslim Psychology Conference on “Role of Social Scientist in community rehabilitation” on 27 November 2016 by, Society for Advancement in Muslim psychology at Fountain House Lahore.

- 11.** Conference on Role of social scientific in community rehabilitation at fountain house, Lahore. 27th November, 2015.
- 12.** 5th International Multidisciplinary Conference 29-31st October, 2015 at Imperial College of Business studies, Lahore.
- 13.** Participated in 14th International Conference of Psychology on 19th -21st march 2015. The Current Challenges for psychology: from crisis to sustainable solutions Organized by: president PPA/ Director IAP.
- 14.** Has Participated 5th International Conference on Educational Psychology at National Institute of Psychology centre of Excellence Quaid -e- Azam University, Islamabad. 13th November, 2014.
- 15.** Participated in Two days international Conference on Social Psychology 20th - 21st May, 2014.
- 16.** Has Voluntary participation in International Conference of “Role of Psychologist in the Service of Society” at Alhamra Hall III, Mall Road Lahore. 31 October 2013.
- 17.** International Conference of Pakistan Psychological Association Lahore Chapter held on 31st October 2013.
- 18.** Conference on Fundamentals of Assessment in Higher Education at Lahore College for Women University 13-14 Sep, 2013.
- 19.** Has Participated in International Conference on “Language Sciences and the Developing World” by Lahore College for Women University held on 11th -13th January, 2013.
- 20.** Has Participated in International Conference on Industrial and Organizational psychology: Trends, Challenges and Applications at National Institute of Psychology center of Excellence Quaid -e- Azam University, Islamabad. April 19th, 2012.
- 21.** Attended First International Conference on Developmental Psychology held on 27th – 28th March, 2012 at Government College University.
- 22.** Has Participated in 13th Pakistan Psychological Association Conference at Hotel Park Plaza, Gulberg Lahore. 25-26th November, 2011.
- 23.** 12th Asia –Pacific Regional Conference of Alzheimer s Disease International on 7th -10th November 2009 Lahore Pakistan.
- 24.** International Conference on “Culture and Mental Health”, 6th March, 2009 at GCU Lahore.

25. Annual Psychiatry Conference, 15th February, 2009 at Service Hospital, Lahore.
26. Conference on "Psycho-trauma", 30th-31st August, 2008 at Jinnah Convention Centre, Islamabad.
27. International conference on "Mental Health", 17th -19th April, 2008 at Avari Towers Lahore.
28. Conference on "no topic mentioned" by Pakistan Psychological Association, April, 2007 at Lahore College (W) University, Lahore.
29. Conference on "Domestic Violence", at Pearl Continental Hotel, Lahore. April, 2004.
30. One day conference on Developing Counselling Package for victims of Domestic Abuse held on 26 march 2004 at University of the Punjab.
31. Conference on "topic" by Pakistan Psychological Association at Govt. College University, Lahore. March, 2001.
32. International conference on "Alzheimer's International" by Pakistan Alzheimer's society, at Avari Towers. 7th – 10th November, 2009.

Conference Organized

1. Organized Future Leaders Connect- Pakistan Event on 29th August, 2019 at LCWU in collaboration with British Council
2. Successfully organized 5-Day Training of facilitators under ACP Programme from 29th July, 2019 – 2nd August, 2019 at LCWU in collaboration with British Council
3. Worked in Conference organizing committee (Long distance) at the International Council of Psychologists Conference: Human Rights, Dignity and Social Justice in Cadiz, Spain, 2019 June.
4. Conference organizer (conference secretary) for International Conference on Health and Wellbeing 2017 dated 11-13th December 2017.
5. Conference organizer (Member Core Committee) for International Conference on Social Sciences and Humanities: Challenges in New Millennium. 2017 dated 14-13^{6h} December 2017.
6. Helped organized The 14th National Conference was "Current Challenges for psychology" on 19-21 March 2015, by, Pakistan Psychological Association in collaboration with Institute of Psychology Punjab University, Lahore.

7. Helped Organize conference on “Islamic Tradition in Psychology” at Lahore School of Management, University of Lahore 5th march 2016
8. Seminar on “Youth Helping Youth- to fight against HIV/AIDS” on 2nd March 2016 by Punjab AIDS control Program at Lahore College for Women University.
9. Helped Organize (Co Chair 1st International Conference on Global Gender Perspectives on 14-16 November 2016 at Lahore College for Women University, Lahore under partnership with George Washington University, USA.
10. Helped Organized International Conference on Language Sciences and the Developing world at Lahore College for Women University, Lahore. 11th-13th January 2013

Workshops Conducted

1. Organized an event on “Astronomical Observation” in collaboration with geography department and ORIC-LCWU, on 8th Novmber, 2021.
2. Organised a one day workshop on “Writing Strategies for Dissertation in Social Sciences: Mentoring the PhD Scholars” by Dr. Tazvin Ijaz from York University, Canada, at LCWU on 5th August, 2021.
3. Organized an entrepreneurship NETSOL orientation Session, representatives from the NETSOL organization guided students to have an excellent opportunity to participate in business incubation ideas. 10th January 2020.
4. Conducted workshop on Publications by Dr Parveen Ali from the University of Sheffield UK, for MS, M.Phill and PhD about the publications and processes involved in them on 16th January 2020.
5. Organized an orientation session about leadership skills and qualities of a leader, at LCWU and was conducted by Mr. Shams Ul Arifeen. 21 January 2020.
6. Successfully organized five days Training of Facilitators from 29th July- 2nd August 2019 under Active Citizen Program in collaboration with British Council Pakistan.
7. Organized a 3 day workshop on Advance Statistical Techniques in LCWU in August, 2018
8. Conducted workshop on Islamic Tradition in Psychology at Lahore School of Management, University of Lahore, 5th March 2016.

9. Successfully conducted Youth Helping Youth- to fight against HIV/AIDS at Punjab AIDS control Program at Lahore College for Women University, 2nd March 2016.
10. Conducted a Workshop for tool Development for BS, MS and PhD students for department of Research and Evaluation from 16th march 2015 at institute of Education Research and Evaluation Department.
11. Conducted workshop on “Getting help to yourself; Alternate to self-harm” as Resource person at LSM Campus, University of Lahore on 12th September, 2015.
12. “Academic Writing for Publication” LCWU Postgraduate Diploma in Higher Education Teaching at Lahore college for women university, Directorate of faculty development and internalization 4th-6th march, 2015
13. Has conducted two days” workshop on Application of Advance Statistical Analysis for Behavioural Sciences” From June 25, 2013 – June 26, 2013
14. Workshop conducted on “APA Format” at Department of Gender studies held on 28th April, 2011, Lahore Collage for Women University, Lahore.
15. Workshop conducted on “Synopsis Development” at Department of Political science held on 2nd May, 2011, Lahore College for Women University, Lahore.
16. Workshop conducted on “Assertive training” at Department of Applied Psychology held on 2nd November, 2011, Lahore College for Women University, Lahore.
17. Workshop conducted on the course on importance of Research in special education held on 11 March 2009.

Seminars and Invited Lectures

1. Panel discussion on “Mental Health in Unequal World: What Brings us Together and What Sets us Apart” by The Department of Applied Psychology at GCWUF, on 13th October 2021.
2. Invited Talk in a Webinar on “Recent Challenges of Youth: A Way Forward” by Riphah International University, Lahore Campus, on 13th September 2021.
3. Panel discussion on “Growing Up in a Powerful Digital World: Voices of Youth”, in International Conference 2021 on Mental health and Productivity: The Emerging Challenges for Youth, by National Institute of Psychology Centre of Excellence Quaid-i-Azam University, Islamabad, on 7th September 2021.

4. Invited Talk in a Webinar on “How to Be a Good Leader”, on 23rd August 2021, by Institute of Applied Psychology, The University of Punjab, Lahore.
5. Invited talk in an International Peace Conference, topic: “Psychological Impact of Trauma and Violence” on 13th June 2021, by Young Psychological Association, LCWU, Lahore.
6. Invited talk in a live session on “Bullying at Workplace”, on 15th March, 2021.
7. Panel discussion on various aspects of family issues “Save the Family”, by Door of Awareness Educational Welfare Organization on 23rd January, 2021.
8. Panelist in 16th Annual Conference on “Coping in the Times of the Pandemic: Defining the New Normal” by the Society for the Advancement of Muslim Psychology, on 21st October, 2020.
9. Panelist in Webinar on “Sharing Advent of New Spectrum of Positivity and Kindness” on World Mental Health Day Celebration Webinar Series: 6th-9th October, 2020, by Institute of Applied Psychology, the University of Punjab, Lahore.
10. Symposium Speaker in One Day International E-Conference on “COVID-19: A bio-psychosocial perspective: Challenges and Solutions” at Institute of Clinical Psychology, University of Management & Technology, 20th July, 2020.
11. Panelist in Webinar on “Youth on the Move” by International Youth Psychologists Society, LCWU, 27th July 2020.
12. Invited talk on “Youth on the Move” by International Young Psychologists Society, 27th July 2020.
13. Invited talk on “Mental Health issues and Coping during COVID-19” at Hajvery University, Lahore, 30th June, 2020.
14. Presentation on “Educational, Health and Mental Health Needs of Muslim Women in Pakistan” at Psychology Department, Pace University, New York, 29th June, 2020.
15. Future Leaders Connect- Pakistan Event at LCWU in collaboration with British Council. 29th August, 2019.
16. Symposia Speaker, Delivered a Keynote Address on “Recovery from Mental Illness: Looking at Road Block and Strength”. At three day International Conference on “Islamic Perspectives in Modern Psychology”. 24th – 26th September, 2019. Organized by Riphah Institute of Clinical and Professional Psychology, Riphah International University, Lahore, Pakistan.

17. Key note talk on "Sexual harassment in public transport in Pakistan,
Presented at the 77th International Council of Psychologists Conference:
Human Rights, Dignity and Social Justice in Cadiz, Spain, 2019 June.
18. One day seminar on series of psychology "Writing an Effective Synopsis and
research Proposal" on 18th August, 2018, at Department of Psychology,
Lahore School of Professional Studies, University of Lahore.
19. Lecture delivered on "Stigmatization in Pakistani culture regarding Admitting
Mental Illness" on 13th January, 2016 at Govt. Islamia College Lahore.
20. Lecture delivered on "How to cope with academic stress" on 19th October
2012 at Institute of Business Management, UET, Lahore.
21. Lecture delivered on "Awareness of Mental Health for Mothers of SOS village"
on 15th, June, 2012 at SOS Herman Geminer School Ferouzpur Road,
Lahore.
22. Lecture delivered on "Scale development" to PhD scholars on 1st, June, 2012
at Institute of Psychology, Beaconhouse National University, Lahore.
23. Lecture delivered on "Application of testing in Research" on 25th May, 2012 at
Govt. Islamia College Cooper Road, Lahore.
24. Active Citizens Interaction Consultation on workshop organized by the British
Council, at Pearl Continental Hotel, Lahore. December 10th, 2011.
25. Invited Lecture on "Psychosocial factors of disordered eating behavior" 28,
May 2010 at Department of Education, LCWU, Lahore.
26. Lecture delivered on "Emotional Empathy" 9, October 2009 at Institute of
Business Administration, University of Punjab, Lahore
27. Lecture delivered on "Disturb Eating Patterns" of Pakistani youth on 8th, March
2009 at Faculty of Commerce, University of Central Punjab, Lahore.
28. Lecture delivered on "Emotional intelligence" of Pakistani youth on 6th, March
2009 at Faculty of Commerce, University of Central Punjab, Lahore
29. Lecture as Resource Person on "Emotional Intelligence" at University of
Central Punjab Faculty of Commerce held on Friday, February 06, 2009.

Additional Training

Selected Summer School, Seminars and Workshops Attended

1. Attended webinar on "Expanding our understanding of post COVID-19 condition web series: Rehabilitation Care", by World Health Organization, on 6th October 2021
2. Attended training on "5 Tips for Getting Published: Maximize Your Chances to Get Your Paper Accepted in Academic Journals!" by ProQuest Education in Partnership with Higher Education Commission, on 27th October, 2020.
3. Attended training on "How to Manage Your References Using RefWorks" by ProQuest Education in Partnership with Higher Education Commission, on 26th October, 2020.
4. Attended training on "Advanced Training: How to Utilize ProQuest EBooks Collection in Teaching and Research" by ProQuest Education in Partnership with Higher Education Commission, on 20th October, 2020.
5. Attended training on "Advanced Training: How to Utilize ProQuest Journals, Dissertations, and Varied Content Types in Teaching and Research" by ProQuest Education in Partnership with Higher Education Commission, on 19th October, 2020.
6. Attended training on "HEC digital Library Collection for Your Next Scholarly Research" by ProQuest Education in Partnership with Higher Education Commission, on 14th October, 2020.
7. Attended Punjab Higher Education Commission workshop on "Communication Skills and Pedagogy at Lahore College for Women University held on 16th to 20th May 2016.
8. Five days Training under Indigenous campus Training under HEC Modern University Governance Programme at Lahore College for Women University Lahore. 19 January – 18 February, 2015
9. Has participated in Psychology subcommittee of HEC'S CDSSHP at university of Punjab, Lahore, Pakistan
10. Participated Active Citizens Training of Facilitators Refreshers Course at Lahore College for Women University from 24 to 25 April 2014.
11. Workshop on "Structural Equation Modelling (SEM) Through Amos" at Government College University, Lahore. 20th November 2013
12. Two Days Workshop on "Peace Psychology" by Dr Daniel Christie Fulbright Specialist on Peace Psychology, Ohio State University in collaboration with Beaconhouse National University (BNU) at BNU, 21st -22rd May 2013.

- 13.** Five Days Workshop on “Advances in Scientific Research Methodology and Ethics” organized by the DFDI in collaboration with University of Warwick at Lahore College for Women University, 1st April -5th April, 2013.
- 14.** Attended 12 Hours Training on “Statistical Product and service solutions” organized by DFDI and HEC at LCWU, March 2013
- 15.** Attended 06 Hours Training on “Plagiarism Policy” organized by DFDI and HEC at LCWU, March 2013
- 16.** Attended 12 Hours Training on “How to Win a Research Grant” organized by DFDI and HEC at LCWU, March 2013
- 17.** Workshop on “IRP, Patent and Patenting” organized by the Office of Research Innovation and Commercialization (ORIC) at Lahore College for Women University, 22nd February, 2013.
- 18.** Two Days Training workshop on “Mastering Quantitative and Qualitative Research data analysis for Dissertation/Thesis/Paper-Software application SPSS and NVIVO” organised by Research Centre for Training and Development and DFDI , through High Definition Video Conferencing .Dubai, UAE. 6th and 7th February 2013
- 19.** Course on “Faculty Development Program” organized by Association of Management Development Institutions in Pakistan at Punjab University, 10th - 11th October 2012.
- 20.** Training course on “Office Management for Officers” organized by Management and Professional Development Department, Government of the Punjab at PIMPD, 13th -18th July 2012.
- 21.** Training Workshop on “Active Citizens training of Facilitators” organized by the British Council at Lahore College for Women University, 9th -13th July, 2012.
- 22.** Two week Course on “Qualitative Research Methods “organized by HEC and DFDI at LCWU, 28th May 2012-8th June 2012.
- 23.** One week training course on “Office Management” for officers held on 14th May-18th May, 2012
- 24.** Three Months Training on “Internationalization of Higher Education “organized by British Council and DFDI at LCWU, January 2012-March 2012.
- 25.** Three days’ Workshop on “Stories for Change” organized by SIMORGH Women Resource & Publication Centre at LCWU, 21st-23rd February 2012.

- 26.** Workshop on “Active Citizens Interaction Consultation” organized by the British Council at Pearl Continental Hotel, 10th December, 2011.
- 27.** Seminar on Creating Awareness against Drug Addiction at Lahore College for Women University, Lahore. 1st June 2009
- 28.** Course on Importance of Research in Special Education on 11 March 2009 on Wednesday at Punjab Special Education.
- 29.** Workshop on “EMDR” in International conference on Psycho-trauma, at Jinnah Convention Centre, Islamabad. 30-31st August, 2008
- 30.** 5th International Symposium on “Psychiatric Updates & Media /Public Awareness”, Avari hotel Lahore- Pakistan. April 19 -20 2008
- 31.** Seminar on “Conversion Disorders: “Diagnosis and Intervention” organized by Psychiatry Department, Rawalpindi General Hospital, 6th January, 2006.
- 32.** Workshop on “Basics of Behaviour Therapy” by Ms. Nashi Khan (Consultant Chartered Clinical Psychologist), organized by the Department of Applied Psychology, University of the Punjab, Lahore, 11th June, 2005.
- 33.** Workshop on “Reiki: Application and Treatment, Level II” by Dr. Shaharyar Aftab, organized by the Department of Applied Psychology, University of the Punjab, Lahore, 4th June, 2005.
- 34.** Workshop on “Reiki: Application and Treatment, Level I” by Dr. Shaharyar Aftab, organized by the Department of Applied Psychology, University of the Punjab, Lahore, 28th May 2005.
- 35.** Workshop on “REBT: Assessment and Intervention” by Ms. Cyma Salman (Clinical Psychologist), organized by the Department of Applied Psychology, University of the Punjab, Lahore, 21st -22nd December, 2004.
- 36.** Workshop on “Research Methods in Psychology”, at Govt. College University, Lahore. 13th October, 2004
- 37.** Workshop on “Counselling the Victims and Survivors of Domestic Violence” at Lahore College for Women University held on 27th to 28th September, 2004
- 38.** Seminar on “Drug Treatment Works” on “International Day against Drug abuse & Illicit Trafficking” organized by Academic Department of Psychiatry and Behavioural Sciences, KEMC/Mayo Hospital, and Pakistan Psychiatric Society (Punjab Chapter), 26th June, 2004.
- 39.** Symposium on “Student Counselling and Assessment Services” organized by the Department of Applied Psychology, University of the Punjab (prior to the launch of SCAS), Lahore, 6th April, 2004.

- 40.** Workshop on “Developing a Counselling Package for Victims of Domestic Violence” organized by Department of Applied Psychology under DFID Link Lahore College for Women University, Lahore, 26th March, 2004.
- 41.** Workshop on “How to do research” by Dr. Zahid Mahmood, Chartered Psychologist from UK, organized by Department of Psychology and Applied Psychology, University of the Punjab, Lahore, 9th October, 2003.
- 42.** Workshop on “Child Sexual Abuse” organized by Department of Applied Psychology, University of the Punjab in collaboration with SAVERA and DFID, Lahore, January, 2003.
- 43.** One day research symposium arranged by Rumi Psychological Society, at Govt. Fatima Jinnah College (W,) Lahore, April, 2001
- 44.** Workshop on “Hypnotherapy” by Farzana Noor, organized by the Department of Applied Psychology, University of the Punjab, Lahore, March 2001.
- 45.** One week workshop on “Computer Skills: Multimedia Use and MS Office” organized by University of the Punjab, Lahore, August, 2000.
- 46.** Workshop on Project Techniques at University of the Punjab Lahore, Pakistan, 26 April 2000.
- 47.** Workshop on “Post-Traumatic Stress Disorders” by Dr. Zahid Mahmood, a Chartered Clinical Psychologist from UK, organized by the Department of Applied Psychology, University of the Punjab, 18th April, 2000.
- 48.** Workshop on “Projective techniques” by Dr. Zahid Mahmood, a Chartered Clinical Psychologist from UK, organized by the Department of Applied Psychology, University of the Punjab, 16th April, 2000.
- 49.** Seminar on “Perception of Medical Images for Diagnostic and Surgery Purposes” by Dr. Jorg Huber, Roe Hampton College, London, organized by Department of Applied Psychology, University of the Punjab, Lahore, 6th April 2000.
- 50.** Seminar on “Brain and Behavior” by Dr. Mazhar Khan (Chartered Psychologist from USA), organized by Department of Applied Psychology, University of the Punjab, 6th March, 2000.
- 51.** Workshop on “Wechsler Adult Intelligence Scale, WAIS III” by Dr. Mazhar Khan (Chartered Psychologist from USA), organized by the Centre for Clinical Psychology, University of the Punjab, 1st March, 2000.
- 52.** Workshop on “Trauma Psychology” organized by Fountain House in collaboration with Missisuri University, USA, 22nd January, 2000.

53. Workshop on “Internet Access”, at Applied Psychology Department, University of the Punjab in collaboration with SNDP, 15th January, 2000
54. Seminar on “The Tragic Incident of Child Abuse and Killing: Lessons Learned and What Needs to be done” at Department of Applied Psychology, University of the Punjab. 15th December, 1999
55. Workshop on “Development of Syllabi of Psychology for intermediate and Graduate Level”, by Dr. Zahid Mahmood, Chartered Clinical Psychologist, UK, organized by Psychology Department, Govt. College, Lahore, April 1999.
56. Workshop on “Environment Assessment and Management” Organized by Governance of the Punjab social welfare training institute Lahore. 18th -19th December, 1995.
57. Administrative & Accounts Management Workshop for office Bearers of NGOS. . Organized by Governance of the Punjab Social Welfare Training Institute Lahore. April 17, 1995

PhD Thesis Examiner of Different Universities

	Student's Name	University	Date
1.	Afifa Ahmed	University of The Punjab.	18-02-2020
2.	Sara Subhan	University of Management and Technology	04-12-2019
3.	Garima Goshi	Indian Institute of Clinical Psychology	06-2-2020
4.	Maryam Akbar	Government College University	27-7-2019
5.	Shumaila Tasleem	Government College University	12-3-2020
6.	Ayesha Khalid	Government College University	23-3-2021
7.	Zanib Javed	University of The Punjab	21-1-2021
8.	Amna Jamil	Government College University	11-06-2021

Research Supervisor (PhD, MPhil, MSc and BS)

PhD Completed

1. Ahmad, M. (June, 2021) Work Family Conflict and mental health of working women in Pakistan
2. Imtiaz, T. (June, 2021) Bio psychosocial Problems of children with Thalassaemia: A caregiver's burden study
3. Hassan, N. (June, 2020) Neuro-psychological and physiological side effects of interferon therapy in HCV patients. Health Related quality of life and coping strategies across gender.
4. Ahamd, S. (August, 2020) Obesity and Marital Adjustment Among Working Women
5. Ejaz, B. (March, 2020) Development and validation of social anxiety scale for Pakistani population: Predictors of social anxiety among university students in Lahore.
6. Malik, N. (2019) Development of sleep disorder Scale and correlates of sleep disorders in Respiratory diseases in Adults
7. Shamim, A. (2019) Correlates of Positive Emotions, Adherence and Quality of life in type II Diabetes: Comparative study of Pakistani and the United States Adult Population.
8. Anjum, A. (2018) An assessment of workplace bullying in Educational Institutions of Lahore, Pakistan
9. Kazmi, R. (2018) Psychological factors of adjustment problems in University students.
10. Ijaz, S (2020) Psychosocial problems of patients with Type II diabetes.

PhD Submitted for Review Reports

1. Afzal, N (2014) Development and Validation of pre-marital Anxiety scale and predictors of pre-marital anxiety in Adults.

PhD Students Under Supervision (After ASRB)

1. Munawar, M (2018) Psychosocial Issues of People Living with HIV/AIDS (PLHIVA) in Pakistan.
2. Numan, A (2018) Mental Health of Emerging Adults: A Perspective in a Pakistani Context.
3. Amjad, M (2018) Puberty Challenges and Psychosocial Vulnerabilities in

Adolescent Boys.

4. Jalil, T (2018) Development and Validation of Economic Abuse Scale; Mediating role of Mental Health between Economic Abuse and Career Success among Pakistani women.
5. Shabir, N (2018) Development and Validation of Perceived Leader's Integrity Scale: Mediating Role of Psychological Empowerment between Organizational Transparency and Employee's Engagement

MS Health Psychology Completed

1.	Aqsa Iqbal (2021)	Psychosocial correlates of adjustment problems among university students
2.	Faiqa Naseem (2021)	Death anxiety and coping strategies among coronavirus survivors
3.	Hifsa Asim (2021)	Measuring work family conflicts and fear of COVID-19 Pakistani working women
4.	Rizvi, A. B. (2020)	Workplace Bullying, Psychological Strain and Coping Strategies Among Medical Professionals
5.	Ali, A (2020)	Spousal Relationship Satisfaction and Attitude Towards Aging and Menopause in Women with Menopausal Symptoms
6.	Majeed, M. (2020)	Severity Of Violence and Economic Abuse as Predictor of Poor Mental Health Among Working Women
7.	Liaquat, A. (2019)	The Development of Death Attitude Scale for Muslim Older Adults of Pakistan
8.	Rabail, A. (2019)	Health Betrayal, Trust in Intimate Partner Relationship and Grief Among Women with Breast and Cervical Cancer
9.	Masoom, Z. (2019)	Development Of Anger Response Questionnaire for Pakistani Population
10.	Ilyas, A. (2019)	Self-Silencing and Depression in Women Across Age
11.	Siddiqua, H. A. (2018)	Disorder Eating Behaviour, Stress and Premenstrual Syndrome Among Young Women.
12.	Tahir, M. (2018)	Fear Of Negative Evaluation, Appearance Distress and Social Functioning among Women with Acne.
13.	Ali, S.M (2018)	Fear Of Negative Evaluation, Appearance Distress and Social Functioning among Women with Acne
14.	Khan, R. (2018)	Caregiver's Burden, Quality of Life and Emotion Regulation Among Caregivers of Cardiac Patients.
15.	Bibi, A. (2018)	Caffeine Consumption in Creative People: Interpretative Phenomenological Approach
16.	Salahuddin, S. (2018)	Online Gaming Addiction in Young Teenage Boys

17.	Ishaq, N. (2017)	Social Support, Depression and Quality of Life in Pregnant Women with Hepatitis C.
18.	Tariq, A. (2017)	Facebook Addiction, Mood Changes and Disordered Eating Behaviour Among Young Adults.
19.	Ahmad, A. (2017)	Anger Expression, Life Orientation and Quality of Life in Patients with Hypertension.
20.	Ali, N. (2017)	Emotion Regulation, Optimism and Quality of Life Among Stomach Ulcer Patients
21.	Zafar, A. (2016)	Correlates Of Binge Eating Behaviour Among College and Universities Female Students.
22.	Safdar, F. (2016)	Defence Mechanisms, Loneliness and Social Connectedness Among Over Weight Universities Students.
23.	Afzal, K. (2016)	Social Support, Occupational Stress as Predictors of Quality of Life in Men with Cardiovascular Disease.
24.	Cheema, Z. (2016)	Role Of Stress and Social Support in Miscarriage: A Mixed Method Study.
25.	Irum, H. (2015)	Self-Esteem, Body Image and Self-Consciousness Among Women After Rejection of Marriage Proposals.
26.	Haroon, J. (2015)	Psychological Distress and Physical Health of School Children After APS Peshawar Incident.
27.	Ahmad, A. (2015)	Personality As a Predictor for Domestic and Professional Stressors Of Female Universities Teachers.
28.	Haq, S. (2015)	Development And Validation of Impulse Control Disorder Scale
29.	Mukhtar, A. (2014)	Role Of Emotional Intelligence, Social Competence Sense of Humour, In University Teachers.
30.	Munawar, A. (2014)	Health Related Quality of Life Among HIV Positive Individuals with And Without Antiretroviral Therapy
31.	Ahmad, A. (2014)	Role Of Media Exposure and Health Related Quality of Life in Sleep Disturbance Among College Students
32.	Atta, A. (2013)	Body Weight and Trust in Close Interpersonal Relationship in Engaged Women
33.	Hassan, N. (2012)	Development And Construct Validity of Premenstrual Syndrome Scale (2012)
34.	Ejaz, B. (2012)	Validation Of Body Image Scale by Moeen & Muazzam (2011)
35.	Qayyum, F. (2012)	Role Of Working Environment in Sexual Harassment of Women in Lahore
36.	Moeen, T. (2011)	Development Of Body Image Scale for Young Adult Female
37.	Sohail, R. (2011)	Disordered Eating Behavior in Pregnant Women of Lahore
38.	Jalil, T. (2010)	Emotional Intelligence and Marital Adjustment in Fertile & Infertile Couples.
39.	Javaid, S. (2010)	Health And Hope in Children with Blood Transfusion Diseases.
40.	Javaid, S. (2010)	Disordered Eating Behaviour, Dieting Beliefs and

		Exercise Motivation in Female Gym Users And Non-Users.
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BS Completed

1.	Ayesha Afzal	Economic Abuse, Career Success and Decision Making Among Working Women.
2.	Sidra Marvi	Mediating Role of Psychological Empowerment Between Perceived Leader's Integrity and Employee's Engagement.
3.	Rehana Mehdi	Personality Type, Social Support, and Academic Adjustment Among College and University Students.
4.	Minahil Babar	Bio Psychosocial Problems Of COVID-19, And Their Association with Mood and Positive Thinking
5.	Aleem, F. (2019)	Social support as predictor of Resilience in Thalassemia Patients
6.	Asim, H. (2019)	Relationship between Social Support and Caregiver Burden of Thalassemia Patients
7.	Amin, A. (2019)	Number of Siblings as a Predictor of Caregiver Burden in Parents of Children with Thalassemia
8.	Hassan, I. (2019)	Relationship Between Bio-psychosocial Problems and Caregivers Burden
9.	Maqsood, M. (2019)	Identifying the Biological, Psychological and Social Problems Among the Patients of Thalassemia
10.	Akbar, F. (2019)	Extroversion as a Predictor in Coping Obesity among Working Women
11.	Arshad, M. (2010)	Disordered eating behavior in college athletes
12.	Shaukat, F. (2010)	Life Satisfaction & Psychological Wellbeing in Females residing in Public & Private hostels of Lahore

MBA/MSc Supervised as Visiting Faculty IBA PU in 2007-2009

Journal Editing and Reviewing

1. Reviewer, Violence and victim (springer)
2. Reviewer, Sex roles (springer)
3. Reviewers ,Library Tec (Springer)
4. Reviewer, MDPI
5. Assistant Editor, Journal of Arts and Social Sciences JASS LCWU
6. Reviewer, Journal of Research in Psychology JRP ,CCP PU
7. Reviewer ,PJSCP,GCU
8. Editorial Member, Journal Pakistan Psychological Association

9. Editorial Member, Journal of Behavioural Sciences, PU
10. Editorial member Faran Journal of Social sciences
11. Sub Editor ,News Letter PPA Lahore Chapter
12. Reviewer, Pakistan Journal of Social and Personality Psychology
13. Reviewer, Clinical and Counselling psychology review(UMT)

MoU Signed as Coordinator or Focal Person

1. Focal person for Memorandum of Understanding between The British Council and Lahore College for Women University for Citizenship Education and Community Engagement Programme- Active Citizens 2019-2022
2. Focal person for Letter of Intent between Department of Psychology, Lakehead University, Thunder Bay, Canada and Department of Applied Psychology, Lahore College for Women University, Lahore, Pakistan. 2019
3. Focal person for MOU as Conference coordinator and member core committee for International Conference of Social Science and Humanities: Challenges in New Millennium.
4. Worked from January 2017 to December 2017 in close collaboration to VC and advisor VU from planning and advertising the conference to executing the conference.

Awards and Honours

Sr. No.	Title of the Award	Authority Giving the Award	Name of the Country giving Award	Date of Award
1.	Award Chair, Denmark-Gunvald Award for Feminist Research and Service	International Council for Psychologist	Canada	March, 2021
2.	Pride of Nation Award	Higher Education Commission	Pakistan	September, 2020
3.	Award in Recognition of Outstanding Dedication and Commitment on 15 th Convocation	Lahore College for Women University, Lahore	Pakistan	August, 2019
4.	Director at Large at the International	International Council	Canada	10 th June, 2018

	Council of Psychologists	of Psychologists		
5.	HEC Approved Supervisor	Higher Education Commission	Pakistan	March, 2013
6.	ACP Facilitator	Active Citizen Program by British Council	Pakistan	January, 2012
7.	Life member PPA	Pakistan Psychological Association	Pakistan	December, 2012
8.	HEC Indigenous PhD Scholar	Higher Education Commission	Pakistan	December, 2004

TV Programmes

Participation as Guest Speaker in TV Shows

1. At Lahore News Channel, 31st August, 2021, Topic: Reflection on Human Psyche on Emerging Harassment Cases Against Women.
2. At Jurm Anjam, Lahore News Channel, 25th August, 2021, Reflection on the recent case of run-away females.
3. At Jaago Lahore, Lahore News Channel, 18th August, 2021, Topic: Difference between Depression and Anxiety and its prevalence during Covid 19 Pandemic.
4. At Jaago Lahore, Lahore News Channel, 22 April, 2021, Topic: Causes of Intolerance in Our Society and Strategies to Manage Conflict Resolution.
5. At Jurm Anjam, Lahore News Channel, February 2021, Topic: Views as an Expert Psychologist on a crime incident in Lahore.
6. At Jaago Lahore, Lahore News Channel, April, 2020, Topic: Issues Related to Child Labour.
7. At Mast Morning with Juggan Kazim, Dawn TV, Lahore, 20, Sep 2011, Topic: Issues in Marital Adjustment.

Regularly participated as Psychologist in Morning show at JAGO LAHORE by Lahore News and Weekend Brunch by GNN. Invited talks given at PTV, EXPRESS, DUNYA TV, BBC etc.

International Interview Conducted by ICP (Link below)

<https://www.facebook.com/ElisonPsicologo/videos/3103009783069973>

Columnist

Daily Dunya Newspaper

Countries Visited

Canada, Spain, Qatar, Thailand, Malaysia, Saudi Arabia, United Arab Emirates

Projects Details

Sr. No	Project Title & Description	Role	Funding Agency	Impact
1.	Muneeba Shakil, Farzana Ashraf, Amina Muazzam, Saba Javed, Maryam Amjad, Death Studies, Work Status, Death Anxiety and Psychological Distress During COVID-19 Pandemic: Implication of the Terror Management Theory.	Co PI	None	This research helped to explain much of what has been learned about humans from history and the social sciences. People by and large conform to their culture's ways, following its norms and obeying authorities. People vehemently defend their cherished beliefs and rituals.
2.	Jafree, S. R., Momina, A. U., Muazzam, A., Wajid, R. & Calib, G. (2020). Delivery Health Service Satisfaction of Mothers and Fear of COVID-19: Implications for Mental and Child Health in Pakistan. Research Square. DOI:	Co PI	None	Covid 19 has severely hampered the maternal and child health services in Pakistan. The problem areas has been identified for delivery health service in BHQs.

	10.21203/rs.3.rs-49860/v1.			
3.	<p>Research on Bio Psychosocial Impact COVID -19</p> <p>Muazzam, A. Viszisi, A. & Nawaz , R.</p>	Prime Investigator	Lahore College for Women University, Lahore	This cross cultural research aimed to see the physical, psychological, social and financial impact of COVID-19 on adults across the world
4.	<p>Rehabilitating non-Muslim school children:</p> <p>A group of young volunteers was established to work towards rehabilitating non-Muslim school children, traumatized by the burning down of their colony on allegations of blasphemy.</p>	Project Leader	British Council Active Citizen Program and LCWU	Interfaith harmony was created with non-Muslim school children who were victimized by some Muslims.
5.	<p>Burn prevention (liquid and electric):</p> <p>The project was implemented in collaboration of House of Charity.</p>	Project Leader	House of Charity and British Council Active Citizen Program	This project raised awareness in children about adverse effects of electric and liquid burn.
6.	<p>Program to engage mentally retarded children in healthy activities:</p> <p>The project was implemented in</p>	Project Leader	Institute of disadvantaged children and British Council Active	The purpose was to renovate their activity room, to increase confidence and help them polish their skills and hidden talents.

	collaboration with the Institute of disadvantaged children.		Citizen Program	
7.	Promoting Reading Culture among Children: The project was done in collaboration with SOS village school. The purpose of this project was to provide students with an education-friendly, attractive, and enabling environment with good & healthy books. To improve the existing library and to encourage the habit of reading in children.	Project Leader	SOS village school, Lahore and British Council Active Citizen Program	The project provided students with an education-friendly, attractive, and enabling environment with good & healthy books. The existing library was improved and habit of reading in children was encouraged.
8.	Support for Supporters: The project was done in collaboration with Bali's Memorial Trust.	Project Leader	Bali's Memorial Trust and British Council Active Citizen Program	The project impacted old aged homeless women very positively. These women realized that they are not useless in society. The conflicts of their daily life were resolved by enhancing their creativity in the group work, by developing the sense of competition. Their level of stress was reduced by developing the sense of hope among them.
9.	Program to Renovate One Orphan Home:	Project Leader	British Council Active Citizen	The purpose of this project was to renovate one house in the orphanage which badly

	This project was done at SOS village to renovate its orphan house.		Program	required maintenance. The walls were painted, cupboards were renovated and kitchens and bathrooms were maintained. Awareness about the cleanliness and maintenance of the house were given. Twelve resident children of that house participated in renovation and sense of belongingness was increased.
10.	Raising Psychological Awareness: (among general population) A group of young volunteers was established to work towards spreading awareness about some important psychological.	Project Leader	Lahore College for Women University, Lahore	This project raised awareness in general public about some crucial issues like what is mental health, how to manage stress, aggressiveness, over thinking, depression etc.
11.	Females' self-defence Training: Keeping in view the "motorway incident" and all other harassment issues, this project was implemented to provide self-defence training to females of all age groups across Pakistan.	Project Leader	Lahore College for Women University, Lahore	Project was aimed to make women independent, strong and fearless. The training sessions were conducted in collaboration with certified professionals.
12.	Beyond Harassment: This project was	Project Leader	Lahore College for	Purpose of this project was to help victims of harassment, either

	designed to provide support to the victims of harassment and to develop understanding about the issue in community.		Women University, Lahore	women, men or transgender, to deal with their traumas, share their stories with the world and also aware people about harassment issues.
13.	Thalassemia Awareness Campaign: The project was designed to spread awareness about Thalassemia in general public.	Project Leader	Lahore College for Women University, Lahore	Our Aim was to create awareness among people regarding the disease and blood transfusion, through posters, flexes, and social media campaigns. The project was also aimed to encourage people to help Thalassemia patients in need, both financially and with blood donations.
14.	Hope for Thalassemia by Generous Hearts: The project was designed in collaboration with Noor Thalassemia Foundation.	Project Leader	Lahore College for Women University, Lahore	The goal of the project was to create awareness among people about thalassemia and to assist them regarding the treatment. Blood donation camps were also arranged under this project.
15.	Mental Health Awareness Campaign: Kindness towards Oneself: The project was implemented in collaboration with International Young Psychologist Society.	Project Leader	Lahore College for Women University, Lahore	Aim of the project was to design an awareness campaign about kindness and its impact on our mental health. Basically different social media platforms and were used for this purpose.
16.	Animals Plight: Legislature Reforms and Awareness Program:	Project Leader	Lahore College for Women University,	Aim of the project was to develop the understanding of global animal rights issues, and to

	Cruelty towards all animals is highly condemned but it's sadly a continuing practice. The project was designed to spread awareness about animal's rights.		Lahore	shine a light on the plights of some of the world's most vulnerable and abused inhabitants.
17.	Project Smiles: The project was implemented in collaboration with RIZQ Foundation.	Project Leader	Lahore College for Women University, Lahore	Our project was aimed to raise funds for needy working widows who've either lost their jobs or are underpaid in the recent & ongoing Pandemic circumstances. Distribution of ration packages consisting of basic monthly food items was done. Online awareness campaign through social media portals was also designed to encourage people to participate in this activity and donate generously.