

LAHORE COLLEGE FOR WOMEN UNIVERSITY

Jail Road, Lahore – Pakistan. Tel: 042-9203801-9, 99201950, 99203072 Fax.:042-99203077 Ext. 287 Websise www.lcwu.edu.pk

Registration Form

Program:Aerobics Fitness Classes**Venue:**Main Ground, LCWU**Timings:**12:00 p.m. - 2:00 p.m.

Eligibility: All Intermediate Students (All Disciplines)

Trainer: Certified Aerobics Instructor

Purpose: Promoting Fitness, Fun & Healthy Habits

Personal Information	Picture
Name of Player with CNIC No	
	-
Father Name with CNIC No	
-	-
DepartmentSectionMobile No	
Permanent Address_	
Email Address	
Date of BirthHeight (Ft, Inch)Weight	
Any Medical Condition (if applicable):	
Do you have your own aerobic mat? \square Yes \square No	
Student Pledge	
I,, am excited to join the LCWU Aerobics Fitness Classes.	
I promise to participate actively, maintain discipline, encourage my peers, and follow	all safety and trainer
guidelines to make this program a success!	
Signature of Participant: Date:	
For Sports Department Use Only	
Field Details	
Registration No.:	
Verified by (Sports Dept.)	
Domonica	