

Year	Sr. No.	Publication	Category
2026	1	Asif, I., Muazzam, A. , & Shabbir, A. (2026). <i>Workplace harassment, work–family conflict, and turnover intention among women engineers in Pakistan</i> . Journal of Media Horizons, 7(3), 217–227. https://doi.org/10.5281/zenodo.19016861	Y
	2	Asif, I., Muazzam, A. , & Shabbir, A. (2026). <i>Invisible struggles: Psychological distress and gendered experiences of women engineers in Pakistan</i> . Journal of Media Horizons, 7(2), 242–249. https://doi.org/10.5281/zenodo.18811038	Y
2025	1	Bashir, U., Khawar, A., & Muazzam, A. (2025). Intrapersonal and Interpersonal Factors of Marital Conflicts: A Phenomenological Analysis in Pakistan. <i>Pakistan Journal of Humanities and Social Sciences</i> , 13(03), 208-217. www.researchgate.net/publication/398324246_Intrapersonal_and_Interpersonal_Factors_of_Marital_Conflicts_A_Phenomenological_Analysis_in_Pakistan	Y
	2	Muazzam, A. , Fatima, S., Shabbir, A., Iqbal, N., Zia, S., & Tauseef, H. (2025). Navigating complexities: gaming addiction, anger expression and social interaction among adolescent boys in Pakistan. <i>Mental Health and Social Inclusion</i> , 29(4), 351-361. https://www.emerald.com/mhsi/article-abstract/29/4/351/1254959/Navigating-complexities-gaming-addiction-anger?redirectedFrom=fulltext	X
	3	Nuzhat-ul-Ain., Khawar, A., & Muazzam, A. (2025). Perceived Effects of Endometriosis on Married Women: A Qualitative Study. <i>Clinical and Counselling Psychology Review</i> , 7(1), 58-85. https://journals.umt.edu.pk/index.php/CCPR/article/view/6952	Y
	4	Ijaz, S., Muazzam, A. , Malik, S., & Ijaz, T. (2025). Lifestyle, Personality Traits and Anger as predictors of Psychosocial problems and Marital Satisfaction of Patients with Type 2 Diabetes. <i>Pakistan Journal of Psychological Research</i> , 40(2). https://openurl.ebsco.com/EPDB%3Aagcd%3A4%3A19863444/detail?sid=ebsco%3Aplink%3Ascholar&id=ebsco%3Aagcd%3A188889433&crl=c&link_origin=scholar.google.com	Y
	5	Shabbir, A., Zia, S., Kazim, A. H., Iqbal, N., Puri, A. M., Y Muazzam, A. (2025). Smog, Stress, and Society, <i>International Journal of Innovations in Science & Technology</i> , 50sea, vol. (9), pages 245-57. https://ideas.repec.org/a/abq/ijist1/v7y2025i9p245-257.html	Y

	6	Haroon, Z., Khawar, A., & Muazzam, A. (2025). Cultivating Y Gratefulness: The Power of Combined Gratitude Interventions in Youth: <i>Forman Journal of Social Sciences</i> , 5(1). https://scholar.google.com/citations?view_op=view_citation&hl=en&user=bsblCFMAAAAJ&sortby=pubdate&citation_for_view=bsblCFMAAAAJ:CHSYGLWDkRkC	Y
	7	Amjad, M., Muazzam, A. , & Kil, H. (2025). Psychological Well-Being of Adolescent Boys: Adaptation of Brief Scale of Psychological Wellbeing (BSPWB-A). <i>Contemporary Journal of Social Science Review</i> , 3(2), 181-192. https://contemporaryjournal.com/index.php/14/article/view/570	Y
2024	8	Farooq, M., Kazmi, U. E. R., & Muazzam, A. (2024). Efficacy of W Assertive Training for Gaslighting and Mental Health in University Students. <i>Kurdish Studies</i> , 12(2), 5629-5643. https://kurdishstudies.net/menu-script/index.php/KS/article/view/2721	W
	9	Numan, A., Muazzam, A., & Arnett, J. J. (2024). Dimensions of W emerging adulthood in Pakistan: A demographic profile. <i>Journal of Adult Development</i> , 32(3), 211-221. https://link.springer.com/article/10.1007/s10804-024-09493-8	W
	10	Khizer, N., Iqbal, M. N., & Muazzam, A. (2024). Beyond academics: the relationship of adjustment issues, self-criticism, and mental health issues among university students. <i>International Journal of Social Sciences Bulletin</i> , 2(4), 1502-1509. https://www.researchgate.net/profile/Muhammad-Iqbal-657/publication/386329420_Beyond_Academics_The_Relationship_of_Adjustment_Issues_Self-Criticism_and_Mental_Health_Issues_among_University_Students/links/674d59f2a7fbc259f1a5bff8/Beyond-Academics-The-Relationship-of-Adjustment-Issues-Self-Criticism-and-Mental-Health-Issues-among-University-Students.pdf	Y
	11	Barra, C., Grimaldi, M., Muazzam, A., Troisi, O., & Visvizi, A. (2024). Digital divide, gender gap, and entrepreneurial orientation: How to foster technology adoption among Pakistani higher education students?. <i>Socio-Economic Planning Sciences</i> , 93, 101904. https://www.sciencedirect.com/science/article/pii/S0038012124001034	W
	12	Khaliq, A., Muazzam, A., Rafique, R., Kiran, T., Ahmed, A., Suleheria, I., & Husain, N. (2024). A feasibility randomized controlled trial of culturally adapted Getting Better Bite-by-Bite	W

		(Ca-GBBB) intervention for individuals with eating disorders in Pakistan. <i>Journal of Eating Disorders</i> , 12(1), 100. https://link.springer.com/article/10.1186/s40337-024-01038-4	
	13	Muazzam, A., Shabbir, A., Iqbal, N., Faran, M., Munir, M. and Kamran, F. (2024), "Using a digital app to monitor the effects of sexual harassment on mental health", <i>Mental Health and Social Inclusion</i> , 28(6). 959-969. https://www.emerald.com/mhsi/article-abstract/28/6/959/1222598/Using-a-digital-app-to-monitor-the-effects-of?redirectedFrom=fulltext	X
	14	Aslam, S., Khawar, A., & Muazzam, A. (2024). The Transformation of Strength Through Struggle: Development and Validation of Posttraumatic Growth and Depreciation Scale. <i>Journal of Population Therapeutics and Clinical Pharmacology</i> , 31(6), 3529-3554. https://doi.org/10.53555/nazc8d34	X
	15	Rafique, H., Munir, M., Puri, A.M., Malik, N., Shabbir, A., Iqbal, N., & Muazzam, A. (2024). Mental and Family Adjustment to Cancer And Their Link To Depressive Symptoms In Adolescents. <i>International Journal of Contemporary Issues in Social Sciences</i> , 3(2), 606–621. https://ijciss.org/index.php/ijciss/article/view/678	Y
	16	Iqbal, N., Farrukh, M., Riaz, S., Shabbir, A., Puri, .M., Malik, N., & Muazzam, A. (2024). Consumption Patterns of Online Makeup Tutorials of Girls of Lahore. <i>International Journal of Contemporary Issues in Social Sciences</i> , 3(1), 1819–1834. https://ijciss.org/index.php/ijciss/article/view/687	Y
	17	Jalil, T., & Muazzam, A. (2024). Development of Economic Abuse Scale (EAS); Establishing Content Validity of EAS. <i>Journal of Arts & Social Sciences</i> , 11(1), 78-86. https://openurl.ebsco.com/EPDB%3Agcd%3A12%3A17846540/detailv2?sid=ebsco%3Aplink%3Ascholar&id=ebsco%3Agcd%3A179697807&crl=c&link_origin=scholar.google.com	Y
	18	Sharif, F., Muazzam, A., & Atif, Z. (2024). Research Ethics and Possible Effects of Practicing Aversion Techniques in Research to Manage Self Injurious Behavior in Children with Special Needs. <i>Journal of Business and Management Research</i> , 3(1), 639-647. https://jbmr.com.pk/index.php/Journal/article/view/156	Y

19.	Muazzam, A., Fatima, S., Shabbir, A., Iqbal, N., & Shabbir, Z. (2024). Exploring the Interplay of Psychological Distress, Life Satisfaction, and Social Media Usage in Elderly Individuals with Hearing Impairments. <i>Journal of Business and Management Research</i> , 3(1), 613-628. https://jbmr.com.pk/index.php/Journal/article/view/154	Y
20.	Jabbar, A., Muazzam, A., & Sadaqat, S. (2024). An Unveiling the Ethical Quandaries: A Critical Analysis of the Stanford Prison Experiment as a Mirror of Pakistani Society. <i>Journal of Business and Management Research</i> , 3(1), 629-638. https://jbmr.com.pk/index.php/Journal/article/view/155	Y
21.	Malik, N., Arshad, M., & Muazzam, A. (2024). Diabetes Distress, Depression and Coping Strategies in Adults with Type 2 Diabetes: Diabetes Distress, Depression and Coping. <i>Pakistan BioMedical Journal</i> , 7(04), 24–29. https://doi.org/10.54393/pbmj.v7i04.1076	Y
22.	Shabir, N., Muazzam, A., Koppel, S., & Shabir, S. (2024). Development and Validation of the Perceived Leaders' Integrity Assessment Scale. <i>Pakistan Journal of Humanities and Social Sciences</i> , 12(1), 777-790. https://internationalrasd.org/journals/index.php/pjhss/article/view/2117	Y
23.	Iqbal, N., Riaz, S., Bukhari, S., & Muazzam, A. (2024). Navigating Bipolar Parenthood: Understanding the Bio-Psychosocial Impact on Children-An In- depth Exploration through Interpretative Phenomenological Analysis in Pakistan. <i>Pakistan Journal of Humanities and Social Sciences</i> , 12(1), 763-770. https://internationalrasd.org/journals/index.php/pjhss/article/view/2144	Y
24.	Puri, A. M., Aziz, F., Shabbir, A., Iqbal, N., & Muazzam, A. (2024). Unveiling the Phenomenology of Professional and Domestic Stressors for Private School Teachers of Lahore, Pakistan. <i>Pakistan Journal of Humanities and Social Sciences</i> , 12(1), 403-412. https://journals.internationalrasd.org/index.php/pjhss/article/view/2071	Y
25.	Ahmad, A., & Muazzam, A. (2024). Anger Expression, Life Orientation, and Quality of Life in Patients with	Y

		Hypertension. Pakistan Journal of Social and Clinical Psychology, 22(1), 8-14. https://gcu.edu.pk/pages/gcupress/pjscp/volumes/2024-22-1/2-Anger-Expression-Life-Orientation-and-Quality-Life.pdf	
	26.	Javed, H., Aslam, S., Mukhtar, A., & Muazzam, A. (2024). Acceptance and Commitment Therapy for the Treatment of Postpartum Depression: A Case Study Approach. The Asian Bulletin of Big Data Management, 4(3), 69–78. https://doi.org/10.62019/abbdm.v4i3.218	Y
	27.	Malik, N., Razzaq, S., Shabbir, A., Iqbal, N., Puri, A. M., Zia, S., & Muazzam, A. (2024). Data-Informed Insights on Thriving Through Challenges: Exploring Posttraumatic Growth, Resilience, and Social Support in Hemodialysis Patients. The Asian Bulletin of Big Data Management, 4(02). https://abbdm.net/index.php/Journal/article/view/139	Y
	28.	Iqbal, N., Zia, S., Kazmi, F. Z., Raiz, S., Shabbir, A., Tauseef, H., & Muazzam, A. (2024). Examining the Role of TV Channels in Promoting Environmental Awareness among University Students in Pakistan: A Pathway to Sustainable Development Goals. The Asian Bulletin of Green Management and Circular Economy, 4(1), 4-1. https://abgmce.com/index.php/Journal/article/view/73	Y
	29.	Malik, N., Amama, A., Shabbir, A., Iqbal, N., Tauseef, H., Zia, S., & Muazzam, A. (2024). Addressing Environmental Factors for SDG 3-Health and Wellbeing: Perceived Stress, Sleep Quality, and Coping among Medical Students in Pakistan. The Asian Bulletin of Green Management and Circular Economy, 4(1), 4-1. https://abgmce.com/index.php/Journal/article/view/74	Y
2023	30.	Munawar, M., & Muazzam, A. (2023). Statistics and Risk Factors of HIV/AIDS: An Unceasing Epidemic in Lahore – Pakistan. South Asian Journal of Public Health. 2(1). https://pu.edu.pk/images/journal/SAJPH/PDF/1_v2_1_23.pdf	Y
	31.	Iqbal, N, Puri, A.N., Saeed, F., Malik, N., Tauseef, T., Raiz, S., & Muazzam, A. (2023). Bio-Psychosocial Impact of Menopause among Pakistani Women. International Journal of Contemporary Issues in Social Sciences. 2(4), 1403–1412. ISSN (E) 2959-2461 (P) 2959-	Y

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	32.	Iqbal, N., Sajjad, F., Hassan, F., Raiz, S., Shabbir, A., Tauseef, H., & Muazzam, A. (2023). Investigating electronic media's impact on noise pollution awareness among university students in Lahore, bridging the gap toward sustainable urban environments. THE ASIAN BULLETIN OF GREEN MANAGEMENT AND CIRCULAR ECONOMY, 3(1), 3-1. https://abgmce.com/index.php/Journal/article/view/30	Y
	33.	Munawar, M., Muazzam, A., Puri, A. M., Javed, H., Malik, N., Shabbir, A., & Iqbal, N. (2023). Data-Driven Insights into Understanding the Health-Related Quality of Life Among People Living with HIV/AIDS in Pakistan: Exploring Causes, Demography, and Efficacy of Antiretroviral Therapy. The Asian Bulletin of Big Data Management, 3(2), 216-228. https://www.abbdm.net/index.php/Journal/article/view/137	Y
	34.	Amjad, M., & Muazzam, A. (2023). Puberty in Boys: A Complex Phenomenon Unwind from Pakistan. PJPPRP, 14(2). http://pjpprp.pu.edu.pk/jour/pjpprp/article/view/129/118	Y
	35.	Muazzam A, Naseem F, Shakil M, Visvizi A, Klemens J. Surviving COVID-19: Biopsychosocial Impacts, Death Anxiety, and Coping Strategies. Vaccines, 11(3), 705. https://doi.org/10.3390/vaccines11030705	W
	36.	Shabir, N., & Muazzam, A. (2022). Impact of perceived leader's integrity on employee's engagement of government sector employees: mediating role of psychological Empowerment. Theoretical Issues in Ergonomics Science, 25(1), 86-97. https://www.tandfonline.com/doi/abs/10.1080/1463922X.2022.2149876?casa_token=aysmRElw4fMAAAAA:D-6DPg2kRU37a6HwjxFm5GnuaveVXWIZubHmkRCRSJU3Zy8NNLTuvs1RvLLXA4wQuIW6PyfuriWE	
	37.	Shakil, M., Khan, B., Ali, A. Z., Javed, S., Mukhtar, A., Khan, M. A., & Muazzam, A. (2022). Investigating distorted thinking patterns and psychological distress in students taking online education during	X

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	39.	Shakil, M., Fatima, S., Muazzam, A., Amjad, M., & Javed, S. (2023). Assessment of risk perception and adoption of safety measures during Covid-19 pandemic in Pakistan: a survey study through mobile application. Journal of Ambient Intelligence and Humanized Computing, 14(11), 14733-14738. https://link.springer.com/article/10.1007/s12652-022-04421-8	W
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	41.	Asim, H. & Muazzam, A. (2022). Work-family conflict and fear of COVID-19 and its relationship with the physical and mental health of Pakistani working women. Forman Journal of Social Sciences, 1(2), 1-28. https://www.fccollege.edu.pk/wp-content/uploads/1.-Dr.-Amina-Muazzam.pdf	Y
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	44.	Fatima, S., Fatima, N., & Muazzam, A. (2022). Assessing familial and social factors of life satisfaction in Pakistani transgender and non-binary individuals: implications for counseling. Journal of LGBTQ Issues in Counseling, 16(1), 67-85. https://www.tandfonline.com/doi/full/10.1080/15538605.2021.1972896	Y
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51.	Hassan, N., Muazzam, A., Malik, N., Ejaz, B., Khawar, A., Niazi, Y. & Nazir, M. F. (2021). Neuro-Psychological and Physical Side Effects of HCV Treatment and Health Related Quality of Life among Patients with HCV Infection. PalArch's Journal of Archaeology of Egypt / Egyptology, 18(09), 1539-1554. https://archives.palarch.nl/index.php/jae/article/view/9806	Y	
52.	Faran, M., Hassan, N., Khawar, A., Ejaz, B., Malik, N., Mahmood, I. & Muazzam, A. (2021). Music Absorption and Serenity in Music Listeners: Intervening Role of Spirtuality. PalArch's Journal of Archaeology of Egypt / Egyptology, 18(09), 1526-1538. https://archives.palarch.nl/index.php/jae/article/view/9805	Y	
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